**Course Description Form**

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| --- | --- | --- | --- |
| 1. Course Name: | | | |
| track and field games / 4 stage | | | |
| 1. Course Code: | | | |
| track and field games | | | |
| 1. Semester / Year: | | | |
| 2023/2024 | | | |
| 1. Description Preparation Date | | | |
| 5/2/2024 | | | |
| 1. Available Attendance Forms: | | | |
| Theoretical science branch | | | |
| 1. Number of Credit Hours (Total) / Number of Units (Total) | | | |
| 96 Hours | | | |
| 1. Course administrator's name (mention all, if more than one name) | | | |
| Dr. Haidar Mahdi Abdul-Sahib / hyder.mahdi@uobasrah.edu.iq  Dr. Qusay mohammed ali /qusay.mohammed@uobasrah.edu.iq  Dr. Hashim Shakir abdulkireem/ hashim.shakir@uobasrah.edu.iq  Dr. Abdullah Shanta Faraj/Abdullah.shinta@uobasrah.edu.iq | | | |
| 1. Course Objectives | | | |
| **Course Objectives** | | | * **Practical.** **Tests.** * **Theoretical tests** |
| 1. Teaching and Learning Strategies | | | |
| **Strategy** | Theoretical explanation  And practical application with tests | | |
| 1. Course Structure square and field games | | | |
| 1. Course Evaluation | | | |
| Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports.... etc. | | | |
| |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | **Evaluation method** | **Learning method** | **Unit or subject name** | **Required Learning Outcomes** | **Hours** | **week** | | Practical and theoretical tests | Theoretical explanation  And practical application | track and field  Dr.. Risan Khreibet  fourth stage | **effectiveness of short distance 100 meters** | **4** | **1** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply technical stages of effectiveness** | **4** | **2** | | Practical and theoretical tests | Theoretical explanation  And practical application | **A practical exam is effectively 100 meters, meters** | **4** | **3** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Long jumping effectiveness** | **4** | **4** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply technical stages of the effectiveness** | **4** | **5** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Practical examination of effectiveness** | **4** | **6** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Effectiveness to pay the weight** | **4** | **7** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply the technical stages of the effectiveness** | **4** | **8** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Practical examination of effectiveness** | **4** | **9** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Speed ​​speaking effectiveness** | **4** | **10** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply technical stages of the effectiveness** | **4** | **11** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Practical examination of effectiveness** | **4** | **12** | | Practical and theoretical tests | Theoretical explanation  And practical application | **theoretical exam first semester** | **4** | **13** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Effectiveness ran 110 barriers** | **4** | **14** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Application of technical stages** | **4** | **15** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Practical examination of effectiveness** | **4** | **16** | | Practical and theoretical tests | Theoretical explanation  And practical application | **High jumping effectiveness** | **4** | **17** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Technical phase application** | **4** | **18** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Practical examination of effectiveness** | **4** | **19** | | Practical and theoretical tests | Theoretical explanation  And practical application | **The effectiveness of short lesbians 100 meters** | **4** | **20** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply technical stages of effectiveness** | **4** | **21** | | Practical and theoretical tests | Theoretical explanation  And practical application | **A practical exam is effectively 100 meters, meters** | **4** | **22** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Long jumping effectiveness** | **4** | **23** | | Practical and theoretical tests | Theoretical explanation  And practical application | **Apply technical stages of the effectiveness** | **4** | **24** | |  |  | **theoretical exam second semester** |  | **25** | |  |  |  |  |  | | | | |
| 1. Learning and Teaching Resources | | | |
| Required textbooks (curricular books, if any) | | Athletics Book (Systematic Book)  Dr. Risan Khouribet Majeed - Higher Education Press -1989 - Basra University | |
| Main references (sources) | |
| Recommended books and references (scientific journals, reports...) | | Dr. Risan Khouribet Majeed - Higher Education Press -1989 - Basra University | |
| Electronic References, Websites | |  | |