

General Histology / Year 2





Lymphatic System Lymphatic organs Lecture 5

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Lymph nodes

- The lymph nodes are the oval or bean or kidney shaped bodies.
- They are located in the passage of lymphatic vessels.
- They usually occurs in groups.
- Afferent lymphatic vessels enters lymph into the gland.
- After entering the lymph gets filtered in lymph node by trapping of foreign particles & micro-organism. Lymph reaches to blood only after passing through Lymph node.
- Efferent lymphatic vessels carries lymph from the lymph node.
- The concave border of the gland is called as hilum through which arteries and nerves enter and veins and lymphatics leave the organ.
- The nodes are found in the axillae, groin, along the great vessels of the neck, & in large number in the thorax, abdomen, & mesenteries.



FUNCTIONS

- 1. Filtration, macrophages in the nodes remove / destroy microorganisms and debris preventing its delivery to the blood.
- 2. Immune system activation, lymphocytes in the nodes monitor lymph for antigens and mount an attack against them.
- 3. Production of new lymphocyte through germinal center.

- The lymph node is surrounded by a pericapsular adipose tissue, that contains numerous blood vessels, an arteriole and venule.
- A dense connective tissue capsule surrounds the lymph node.
- Fibrous strands of connective tissue called trabeculae extend inward to divide the node into compartments
- The trabecular connective tissue also contains the major blood vessels of the lymph node.
- A lymph node has two histologically distinct regions: Cortex and Medulla.

- CORTEX:-
- Cortex is the darkly stained peripheral part of the lymph node, laying underneath the capsule.
- It is packed with lymphocytes.
- Plasma cells and macrophages are also present.
- It divided into the outer cortex and inner cortex.
- OUTER CORTEX:-
- Lies underneath the capsule.
- Contains mainly B lymphocytes with spherical lymphoid nodule.
- Some of these nodules show a light-stained zone in the central called germinal center, which is the site of B lymphocyte proliferation.

- INNER CORTEX:-
- Lies underneath the outer cortex and surround the medulla.
- Also known as paracortex.
- It has mainly T lymphocytes; hence, it is also called thymus-dependent cortex.
- No lymphoid nodule is seen.
- MEDULLA:-
- Light stained central part of the lymph node.
- It consists of medullary cords are extensions of the inner cortex separates by medullary sinuses.

- SINUSES:-
- Lymph passes through various sinuses of lymph nodes and gets filtered in them.
- Subcapsular sinus, present between the capsule and the outer cortex.
- Intermediate sinus, present on both sides of the trabecular and connects subcapsular sinus to medullary sinus.
- Medullary sinuses, these are anastomosing sinuses present in between the medullary cord in the medulla.





Lymph Circulation in the lymph node

- Afferent lymphatic vessels cross the capsule and pour lymph into the subcapsular sinus.
- From there, lymph passes through the cortical sinuses and then into the medullary sinuses.
- During this passage, the lymph infiltrates the cortex and the medullary cords and is filtered and modified by immune cells.
- The lymph is collected by efferent lymphatics at the hilum and valves in both lymphatics assure the unidirectional flow of lymph



Spleen / Functions of spleen

- Largest lymphoid organ, located on the left side of the abdominal cavity just behind stomach and beneath the diaphragm.
- It is served by the splenic artery and vein, which enter and exit at the hilus
- FUNCTIONS:-
- Site of lymphocyte proliferation
- Immune surveillance and response
- Formation of blood cells in fetal life. Stores blood platelets throughout life.
- Cleanses the blood. The removal and destruction of aged or defective blood cells. Stores breakdown products of RBCs for later reuse.
- Spleen is divided into:-
- Red Pulp (RBC / hemoglobin recycling)
- White Pulp (responsible for immune functions)

Histological structure of Spleen

- The spleen is surrounded by a capsule(dense irregular connective tissue contains some smooth muscle fibers) from which trabeculae extend inward.
- Blood vessels present in trabeculae also enter the organ along with it.
- Does not exhibit cortex and medulla but contains lymphatic nodules.
- WHITE PULP:-
- consists of lymphatic nodules with a germinal center around a central artery.
- B cells are found in the lymphatic nodules.
- Arteries in trabeculae give rise to arterioles. These arterioles, called central arteries.
- Lymphoid tissue surrounds the central arteries.

Histological structure of Spleen

- RED PULP:-
- consists of splenic cords and splenic (blood) sinusoids
- Red pulp cords are also called cords of billroth.
- Splenic cords contain macrophages, lymphocytes, plasma cells, and different blood cells
- They are irregular anastomosing cords surrounding the sinusoids.
- Sinusoids have wide lumen; the endothelial cells of sinusoids are elongated and lie parallel.
- MARGINAL ZONE:-
- forms border between red and white pulp.
- The marginal zone contains plasma cells, mainly B- lymphocytes, macrophages, dendritic cells and marginal blood sinuses.
- This area play role in (immune response and filtering the blood).



Thymus / Functions of Thymus

- Located in the upper, anterior thorax (chest), above the heart.
- A bilobed organ that secrets hormones (thymosin and thymopoietin) that cause T lymphocytes to become immunocompetent.
- T lymphocyte maturation.
- Is a large organ in the fetus. It increases in size and is most active during childhood. The size of the thymus differs from with age.
- It stops growing during adolescence and then gradually atrophies. its functional tissue is slowly replaced with fibrous and fatty tissue.
- However, even as it atrophies, the thymus continues to produce immunocompetent cells throughout adulthood (reduced rate)

Histological structure of Thymus

- Thymus has a capsule of connective tissue covering both the lobes.
- From the capsule, numerous septa containing blood vessels extend into the substance of the organ and divided into incomplete lobules.
- Each lobule consists of peripheral cortex and central medulla.
- Since the septa do not divide the organ completely, the central part of each lobule is continuous with the medulla of the neighboring lobules.
- Lacks B cells (no follicles) ·

Histological structure of Thymus

- CORTEX:-
- Peripheral dark zone.
- Mainly composed of densely packed T lymphocytes.
- A part from lymphocytes, cortex also contains epithelial reticular cells and macrophages.
- MEDULLA:-
- Medulla is the central lighter zone of each lobule.
- Lymphocytes in medulla are fewer while epithelial reticular cells are more in number.
- Prominent feature in medulla is Hassall's corpuscles, also known as thymic corpuscles.
- They consist of concentrically arranged epitheliocytes.



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