

| Essential | Conditionally essential | Non-essential |
|--------------------------|-------------------------|---------------------------|
| <u>Histidine</u> (H) | <u>Arginine</u> (R) | <u>Alanine</u> (A) |
| <u>Isoleucine</u> (I) | <u>Cysteine</u> (C) | <u>Aspartic acid</u> (D) |
| Leucine (L) | <u>Glutamine</u> (Q) | <u>Asparagine</u> (N) |
| Lysine (K) | <u>Glycine</u> (G) | <u>Glutamic acid</u> (E) |
| <u>Methionine</u> (M) | Proline (P) | <u>Serine</u> (S) |
| <u>Phenylalanine</u> (F) | <u>Tyrosine</u> (Y) | <u>Selenocysteine</u> (U) |
| <u>Threonine</u> (T) | | <u>Pyrrolysine</u> * (O) |
| <u>Tryptophan</u> (W) | | |
| <u>Valine</u> (V) | | |

| Non EA | A | EAA | Nev | v AA |
|----------------|-------------------|-----------------|---------------------|---|
| Name | Three letter code | One letter code | Molecular Weight | Molecular Formula |
| Alanine | Ala | А | 89.1 | C3H7NO2 |
| Arginine | Arg | R | 174.2 | C6H14N4O2 |
| Asparagine | Asn | Ν | 132.12 | C4H8N2O3 |
| Aspartic acid | Asp | D | 133.11 | C4H7NO4 |
| Cysteine | Cys | С | 121.16 | C3H7NO2S |
| Glutamic acid | Glu | E | 147.13 | C5H9NO4 |
| Glutamine | Gln | Q | 146.15 | C5H10N2O3 |
| Glycine | Gly | G | 75.07 | C2H5NO2 |
| Histidine | His | Н | 155.16 | C6H9N3O2 |
| Hydroxyproline | Нур | 0 | 131.13 | C5H9NO3 |
| Isoleucine | Ile | Ι | 131.18 | C6H13NO2 |
| Leucine | Leu | L | 131.18 | C6H13NO2 |
| Lysine | Lys | K | 146.19 | C6H14N2O2 |
| Methionine | Met | М | 149.21 | C5H11NO2S |
| Phenylalanine | Phe | F | 165.19 | C9H11NO2 |
| Proline | Pro | Р | 115.13 | C5H9NO2 |
| Pyroglutamatic | Glp | U | 139.11 | C5H7NO3 |
| Serine | Ser | S | 105.09 | C ₃ H ₇ NO ₃ |
| Threonine | Thr | Т | 119.12 | C4H9NO3 |
| Tryptophan | Trp | W | 204.23 | C11H12N2O2 |
| Tyrosine | Tyr | Y | 181.19 | C9H11NO3 |
| Valine | Val | V | 117.15 | C5H11NO2 |

4)Classification based on metabolic fate

The carbon skeleton of amino acids can be used either for glucose production or for the production of ketone bodies, Based on that

- Both glucogenic and ketogenic amino acids: Isoleucine, Tyrosine, Phenylalanine and Tryptophan
- 2) Purely Ketogenic amino acids: Leucine and Lysine
 - 3) Purely Glucogenic amino acids:

The remaining 14 amino acids are glucogenic. Alanine, valine ,serine, threonine, glycine, methionine, asparagine, glutamine, cysteine, cystine, aspartic acid, glutamic acid, histidine and arginine.

4)Classification based on metabolic fate (Con.)

| Glucogenic amino acids | Glucogenic and ketogenic | Ketogenic amino acids | |
|--|---|--|--|
| Alanine, Arginine, Asparagine, Aspartate Asparagine, Cysteine, | Tyrosine Isoleucine Phenylalanine | Leucine Lysine | |
| Methionine Glutamate, Glutamine, | Tryptophan | | |
| Proline, Serine, Threonine,Valine | These amino acids breakdown | These amino acids breakdown to form ketone | |

These amino acids serve as precursors gluconeogenesis for glucose formation.

ιο ιστηι precursors for both ketone bodies and glucose.

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Metabolic breakdown of individual amino acids Catabolism of amino acids gives rise to the intermediate compounds of citric acid cycle. Alanine, serine, cysteine and asparagine are converted to oxaloacetate. Glutamine, proline, arginine and histidine are converted to α ketoglutarate through glutamate. Succinyl CoA is a point of entry for non polar amino acids like methionine, valine and isoleucine. Leucine is degraded to acetyl CoA and acetoacetate. Tryptophan, lysine, leucine, phenylalanine, tyrosine and isoleucine donate their carbons to acetyl CoA.



Amino acid biosynthesis Nonessential amino acids are formed from intermediates of carbohydrate metabolism. Alanine is formed from pyruvate and aspartate from oxaloacetate. Asparagine is formed from aspartate. Glutamate is formed from α ketoglutarate and glutamine from glutamate. Glutamate is the precursor of proline and arginine. Cysteine is synthesized from 3 – phosphoglycerate. During the process, serine is the intermediate compound which gives rise to glycine.

STRUCTURE OF AMINO ACIDS

In protein molecules the amino acid residues are covalently linked to form very long chains. They are united in a head-to-tail arrangement through substituted amide linkages called <u>Peptide bond</u> that arise by elimination of the elements of water from the carboxyl group of one amino acid and α-amino group of the next.

Three amino acids can be joined by two peptide bonds to form a tripeptide; similarly, amino acids can be linked to form tetrapeptides ,pentapeptides, and so forth.

STRUCTURE OF AMINO ACIDS

- When a few amino acids are joined in this fashion, the structure is called an oligopeptide.
- When many amino acids are joined, the product is called a polypeptide.



STRUCTURE OF AMINO ACIDS

➢In a peptide, the amino acid residue at the end with a free -amino group is the amino-terminal (or N-terminal) residue; the residue at the other end, which has a free carboxyl group, is the carboxylterminal (C-terminal) residue.

