

Module: Musculoskeletal System Session: 2 L2

Osteology and Radiology of Upper limb Brachial plexus and axilla

Module staff:

- Dr. Falih Waheed Hashim
- Dr. Nawal Mustafa
- Dr. Raed Jasim Chasib
- Dr. Khalil Ibrahim
- Dr. Ahmed Ibrahim Habib
- Dr. Waleed Jawad Almahdi
- Dr. Rafid Mousa
- Dr. Ahmed Khalaf
- Dr. Mohammedbaker Abbas
- Dr. Ahmed Abdulridha







Osteology and Radiology of Upper limb Module Objectives: 11

- Name and identify the bones of the pectoral girdle and the upper limb on an articulated and disarticulated skeleton.
- Show the above bones on plain x-rays.
- Identify the important surface bony landmarks in the shoulder region and in the upper limb







Skeleton:

1.Axial2.Appendicular







 Shoulder joint
 Arm (or upper arm)
 Elbow joint
 Forearm
 Wrist joint
 Hand (carpals, metacarpals, phalanges)







The Clavicle

- The clavicle is an S-shaped long bone, which forms part of the pectoral girdle
- It articulates *proximally* with the sternum (sternoclavicular joint) and *distally* with the acromion of scapula (acromioclavicular joint)













Scapula

- The scapula is a triangular flat bone which lies on the posterolateral surface of the thorax
- Proximally, it is curved to move over the chest wall, and *distally* it articulates with the clavicle (at the acromioclavicular joint), and with the head of humerus (at the glenohumeral joint)

3 angles, 3 borders













The shoulder joint

- 1. Glenoid cavity
- 2. Humeral head
- **1. Acromion process**
- 2. Acromial end of clavicle













Humerus

• The humerus is a long bone, the largest in the upper limb

 It articulates *proximally* with the scapula at the glenohumeral joint

 It articulates *distally* with the ulna at the elbow joint







Humerus

- Humeral head
- Anatomical neck
- Greater, lessor tuberosities
- Bicipital groove
- Surgical neck
- Deltoid tuberosity
- Medial, lateral epicondyles
- Trochlea
- Capitilum
- Olecranon fossa
- Coronoid fossa







Humerus , Radiology







Elbow joint

- 1. Trochlea of humerus
- 2. Capitilum of humerus
- 3. Trochlear notch of ulna
- 4. Radial head of radius







Elbow joint Radiology











- Wide proximally
- Narrow distally
- Olecranon
 process
- Coronoid process
- Trochlear notch
- Ulnar head
- Ulnar styloid process













proximally Wide distally Radial head

Narrow

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Radius

- Radial neck
- Radial tuberosity
- Radial styloid process





1. Proximal radioulnar joint

- 2. Distal radioulnar joint
- 3. Interosseous membrane







Forearm ,Radiology







Wrist joint

- 1. Radius
- 2. Proximal raw of carpus







Hand

- 1. Carpus= 8 bones, 2 raws
- 2. Metacarpal bones= 5
- Phalanges= each finger had
 3 phalynx, thumb had only 2 phalynx

Carpus:

- Proximal raw: scaphoid, lunate, triquetrum, pisiform
- Distal raw: trapezium, trapezoid, capitate, hamate







Wrist, Radiology







Wrist, Hand Radiology







• What is surface anatomy?

Surface anatomy examines shapes and markings on the surface of the body as they are related to deeper structures.











Snuff box





Brachial Plexus

- A major nerve network begins in the neck extends into the axilla,
- Supplying the upper limb with motor, sensory and autonomic innervation.













 Brachial plexus is formed by the union of the anterior rami of the last four cervical spinal nerves (C5, C6, C7, C8) and the first thoracic spinal nerves (T1) <u>roots</u>. (C5-T1)

• The roots usually pass with the subclavian artery.



• The roots of the brachial plexus unite to form three *trunks*:

1. **Superior trunk**: from the union of the C5 and C6 roots.

2. **Middle trunk**: which is a continuation of the C7 root.

3. **Inferior trunk**: from the union of the C8 and T1 roots.







- •Each trunk of the brachial plexus divides into anterior and posterior <u>divisions</u>
- <u>Divisions located</u> posterior to the clavicle.







- The divisions of the trunks form three <u>cords</u> (located in the axilla) of the brachial plexus:
- Anterior divisions of the superior and middle trunks unite to form the lateral cord.
- 2. Anterior division of the <u>inferior</u> trunk continues as the medial cord.
- 3. Posterior divisions of <u>all</u> <u>three trunks</u> unite to form the **posterior cord**.







Cords named according to axillary artery





- Each Cord gives branches which are the peripheral nerves of the upper limb
- Branches

 originates in the
 axilla and pass to
 upper limb









The Axilla

- The axilla pass all the nerves, blood vessels and lymphatics of the upper limb.
- It is important to know that the axilla also contains groups of lymph nodes that drain the whole of the upper limb and the breast.







AXILLA

- A pyramid-shaped space between the upper part of the arm and the side of the chest
- Axilla has 6 boundaries:
- 1. Apex connected to the neck= Inlet
- 2. Base = Arm pit= Outlet
- 3. Anterior wall
- 4. Posterior wall
- 5. Medial wall



Lateral wall







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Contents of The Axilla

- 1. Cords and branches of the brachial plexus
- 2. Axillary artery and its branches.
- 3. Axillary vein and its tributaries.
- 4. Axillary lymph nodes and lymphatic vessels
- 5. Axillary fat.
- 6. Loose connective tissue.



The neurovascular bundle is enclosed in connective tissue sheath, called 'axillary sheath'





Thank you

