### Antibiotics

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 Antibiotic: Chemical produced by a microorganism that kills or inhibits the growth of another microorganism

 Antimicrobial agent: Chemical that kills or inhibits the growth of microorganisms

#### Microbial Sources of Antibiotics

TABLE 20.1	Representative Sources of Antibiotics	
Microorganism		Antibiotic
Gram-Positiv	e Rods	
Bacillus subtilis		Bacitracin
Bacillus polymyxa		Polymyxin
Actinomycete	5	
Streptomyces nodosus		Amphotericin B
Streptomyces venezuelae		Chloramphenicol
Streptomyces aureofaciens		Chlortetracycline and tetracycline
Streptomyces erythraeus		Erythromycin
Streptomyces fradiae		Neomycin
Streptomyces griseus		Streptomycin
Micromonospora purpureae		Gentamicin
Fungi		
Cephalosporium spp.		Cephalothin
Penicillium griseofulvum		Griseofulvin
Penicillium notatum		Penicillin

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# Antibiotics Actions

Bactericidal

ills bacteria, reduces bacterial load ⊮

Bacteriostatic

✓ Inhibit growth and reproduction of bacteria

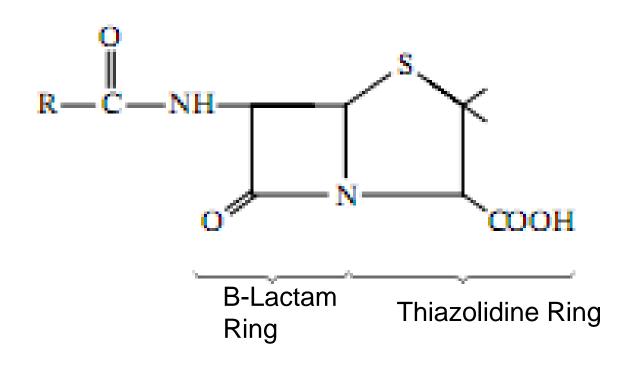
 All antibiotics require the immune system to work properly

- Bactericidal appropriate in poor immunity
- Bacteriostatic require intact immune system

### Mechanisms of Antimicrobial Action

- Inhibition Cell wall formation
- Inhibition Protein synthesis
- Inhibition DNA replication
- Inhibition RNA synthesis
- Inhibition Synthesis of essential metabolites
- Alteration of cell membrane synthesis

## ß-Lactams



## **ß-Lactams**

#### ß-Lactams

#### Cephalosporin

Cefalexin
Cefuroxime
Cefotaxime
Ceftriaxone

#### Carbapenem

- Meropenem
- •Imipenem
- •Doripenem
- •Ertapenem

Penicillin

#### **Narrow Spectrum**

- •Benzylpenicillin (Penicillin G)
- •Phenoxymethylpenicillin (Pen V)
- •Flucloxacillin

#### **Broad Spectrum**

- Amoxicillin/Co-amoxiclav
- •Ampicillin
- •Piperacillin with Tazobactam (Tazocin)

### Cephalosporins

- Ist generation of Cephalosporins (cefazolin, cephalotin).
- Cephalosporins are active primarily against G+ and G-cocci. (G-specrum is limited).
- Pseudomonasis resistant

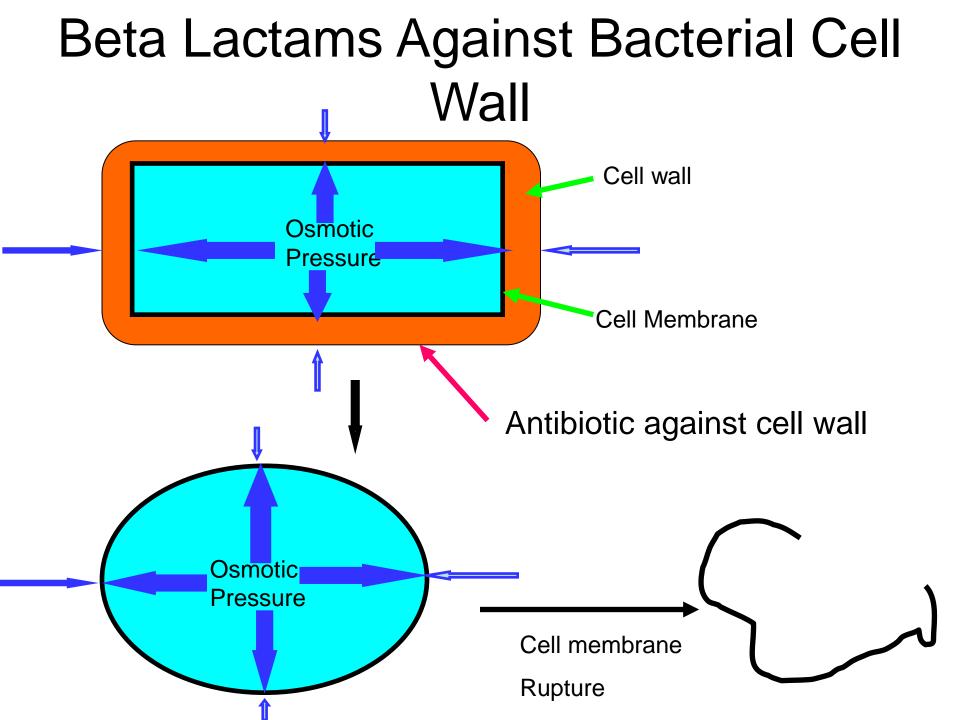
- 2<sup>nd</sup> generation of Cephalosporins (cefamandol, cefuroxime)
- They are effective against G+ and Gcocci and anaerobes similar 1<sup>st</sup> generation.
- They have elevated activity against Gbacteria (E.coli, Proteus, Shigella, Salmonella)
- No active against P.aeruginosa.

- 3<sup>rd</sup> Generation of Cephalosporins (Cefoperazone, Cefotaxime, Ceftriaxone).
- They have elevated activity against Gbacteria (E.coli, Proteus, Shigella, Salmonella)
- •Variable activity against P.aeruginosa.
- •Variable activity against nonspor forming G-anaerobic bacteria (*Bacteroides fragilis*).

- 4th generation of Cephalosporins
- (Cefpiron,Cefitim).
- •Abroad spectrum of activity.
- •Active against P.aeruginosa.
- •No active against enterococcus

### Mechanisms of Action

- Anti Cell Wall Activity
- Bactericidal



### Spectrum of Activity

- Very wide
- Gram positive and negative bacteria
- Anaerobes
- Spectrum of activity depends on the agent and/or its group

### **Adverse Effects**

- Penicillin hypersensitivity 0.4% to 10 %
  - Mild: rash
  - Severe: anaphylaxis & death
- There is cross-reactivity among all Penicillins

### **Important Points**

 Beta lactams need frequent dosing for successful therapeutic outcome

- Missing doses will lead to treatment failure

Beta lactams are the safest antibiotics in renal and hepatic failure

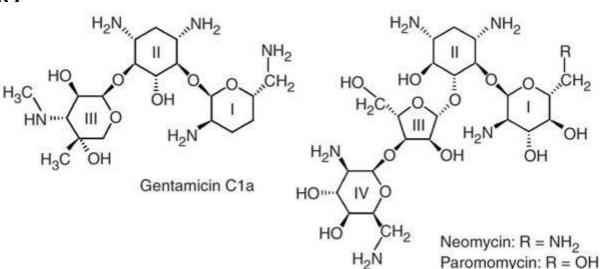
## Summary

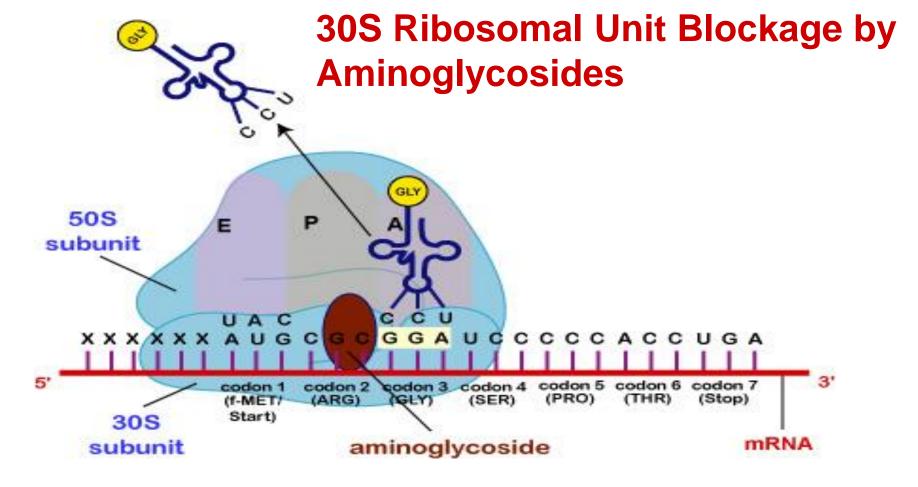
- Cell wall antibiotics
  - Bactericidal
- Wide spectrum of use
  - Antibiotics of choice in many infections
  - Limitations
    - Allergy
    - Resistance due to betalactamase
- Very safe in most cases
  - No monitoring required

## Aminoglycosides

## Inhibit bacterial protein synthesis by irreversibly binding to 30S ribosomal unit

- •Naturally occurring:
  - Streptomycin
  - Neomycin
  - •Kanamycin
  - •Tobramycin
  - Gentamicin
- •Semisynthetic derivatives:
  - Amikacin (from Kanamycin)
  - •Netilmicin (from Sisomicin)





•Causes mRNA decoding errors

### Spectrum of Activity

- Gram-Negative Aerobes
  - Enterobacteriaceae;
     E. coli, Proteus sp., Enterobacter sp.
     Pseudomonas aeruginosa
- Gram-Positive Aerobes (Usually in combination with ß-lactams)

*S. aureus* and coagulase-negative staphylococci Viridans streptococci

Enterococcus sp. (gentamicin)

### **Adverse Effects**

#### Nephrotoxicity

- Direct proximal tubular damage reversible if caught early
- Risk factors: Prolonged duration of therapy, underlying renal dysfunction.

### Ototoxicity

- 8th cranial nerve damage irreversible vestibular and auditory toxicity
  - Vestibular: dizziness, vertigo, ataxia
  - Auditory: decreased hearing
- Risk factors: as for nephrotoxicity

### Neuromuscular paralysis

- Can occur after rapid IV infusion especially with;
  - Myasthenia gravis (Muscle weakness).
  - Concurrent use of succinylcholine during anaesthesia

## **Prevention of Toxicity**

- a) Levels need to be monitored to prevent toxicity due to high serum levels
- b) To be avoided where risk factors for renal damage exist
  - 1) Dehydration
  - 2) Renal toxic drugs

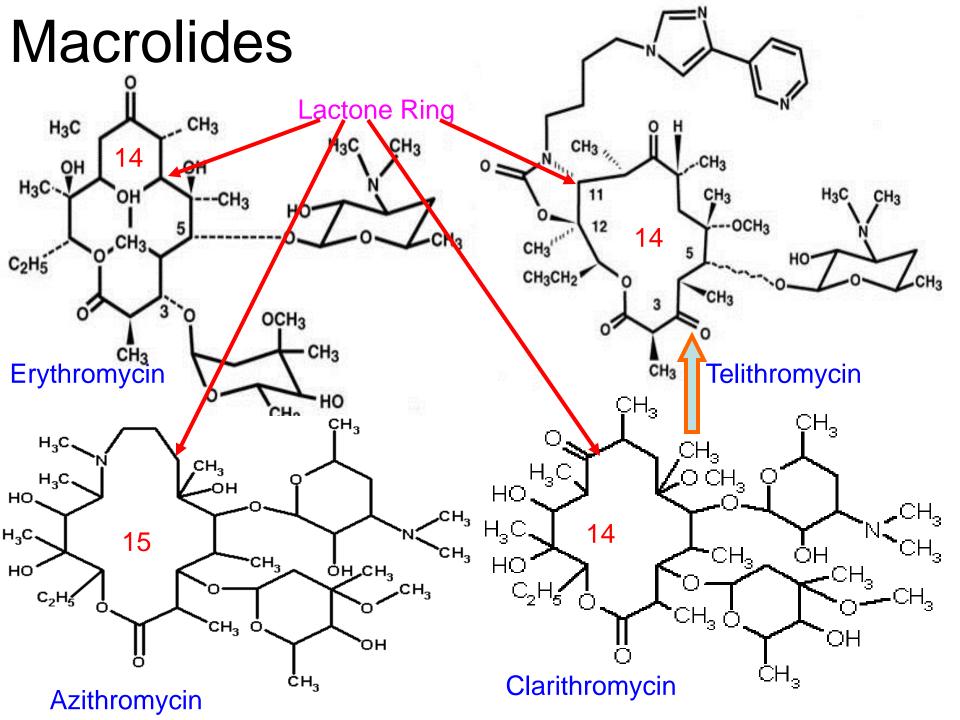
### **Important Points**

- Aminoglycosides should be given as a large single dose for a successful therapeutic outcome
  - Multiple small doses will lead to treatment failure and likely to lead to renal toxicity
- Aminoglycosides are toxic drugs and require monitoring
  - Avoid use in renal failure but safe in liver failure
  - Avoid concomitant use with other renal toxic drugs
  - Check renal clearance, frequency according to renal function

### Summary

- Restricted to aerobes
- Toxic, needs level monitoring
- Best used in Gram negative bloodstream infections
- Good for UTIs
- Limited or no penetration
  - Lungs
  - Joints and bone
  - CSF
  - Abscesses

### Macrolides



### **Mechanism of Action**

- Bacteriostatic- usually
- Inhibit bacterial RNA-dependent protein synthesis
  - Bind reversibly to the 23S ribosomal
     RNA of the 50S ribosomal subunits
    - Block translocation reaction of the polypeptide chain elongation

## **Spectrum of Activity**

- Gram-Positive Aerobes:
  - Activity: Clarithromycin>Erythromycin>Azithromycin
    - Streptococcus pneumoniae
    - Beta haemolytic streptococci and viridans streptococci
- Gram-Negative Aerobes:
  - Activity: Azithromycin>Clarithromycin>Erythromycin
  - Haemophilus influenzae, Moraxella catarrhalis, Neisseria sp.
  - **NO activity** against *Enterobacteriaceae*
- Anaerobes: upper airway anaerobes
- Atypical Bacteria

### **Clinical Use**

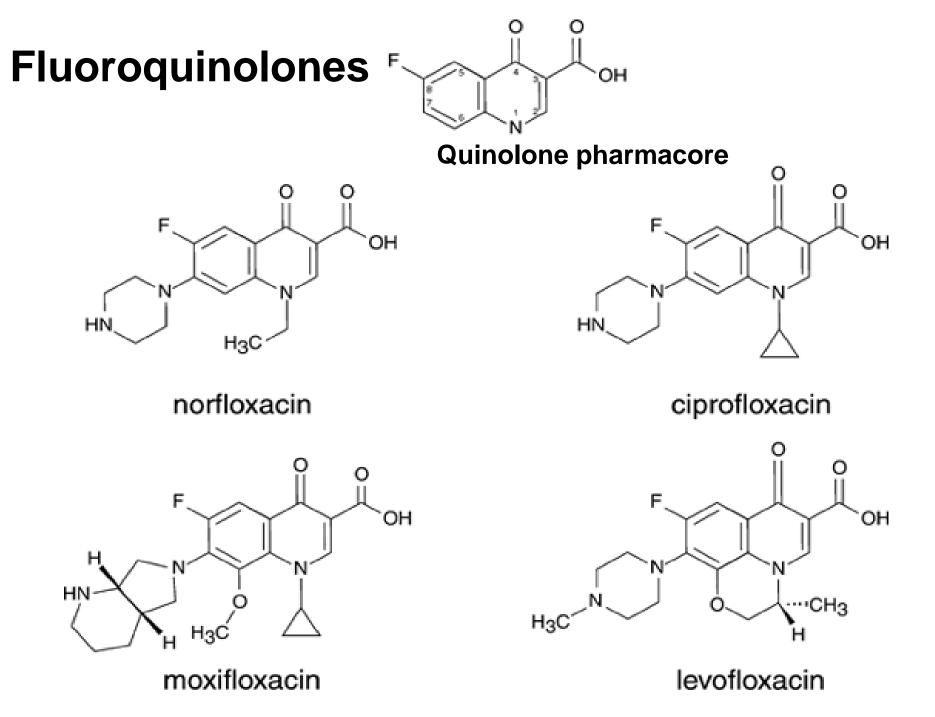
- Cellulitis/Skin and soft tissue
  - Beta haemolytic streptococci
  - Staphylococcus aureus
- Intra-cellular organisms
  - Chlamydia
  - Gonococcus

## Summary

- Bacteriostatic
- ALL hepatic elimination
- Gastrointestinal Sideeffects (up to 33 %) (especially Erythromycin)
  - Nausea
  - Vomiting
  - Diarrhoea
  - Dyspepsia (indigestion)
- Best used in atypical pneumonia
- Excellent tissue and cellular penetration

   Very useful in susceptible intracellular infections

## Fluoroquinolones



### Mechanism of Action

- Prevent:
  - Relaxation of supercoiled DNA before replication
  - DNA recombination
  - DNA repair

### Spectrum of Activity

- Gram-positive
- Gram-Negative (Enterobacteriaceae H. influenzae, Neisseria sp. Pseudomonas aeruginosa)

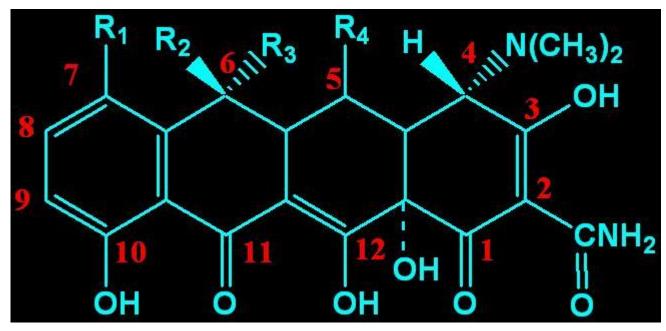
- Ciprofloxacin is most active

• Atypical bacteria: all have excellent activity

## Summary

- Wide range of activity against Gram positive and negative bacteria.
- Sepsis from Intra-abdominal and Renal Sources
   Coliforms (Gram negative bacilli)
- UTI
  - E. coli
- Very good tissue penetration
- Excellent oral bioavailability
- High risk for *Clostridioides difficile*

### Tetracyclines



•Hydronaphthacene nucleus containing four fused rings

#### Tetracycline

Short acting

#### Doxycycline

Long acting

#### Mechanism of Action

- Inhibit protein synthesis
  - Bind reversibly to bacterial 30S ribosomal subunits
    - Prevents polypeptide synthesis
- Bacteriostatic

#### Spectrum of Activity

- All have similar activities
- Gram positives aerobic cocci and rods
  - Staphylococci
  - Streptococci
- Gram negative aerobic bacteria
- Atypical organisms
  - Mycoplasmas
  - Chlamydiae
  - Rickettsiae
  - Protozoa

#### Adverse Effects

- Oesophageal ulceration
- Photosensitivity reaction

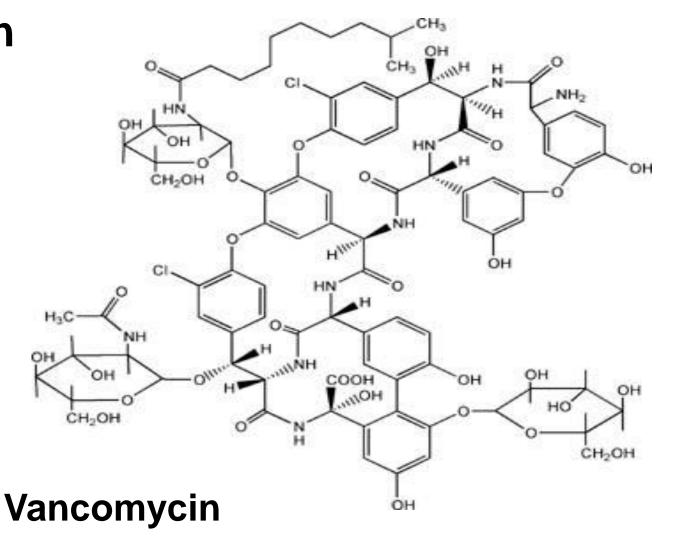
Avoid in pregnancy and newborn

## Summary

- Very good tissue penetration
- Use usually limited to;
  - Skin and soft tissue infections
  - Chlamydia

### Glycopeptides

- Vancomycin
- Teicoplanin



#### **Mechanism of Action**

- Inhibit peptidoglycan synthesis in the bacterial cell wall
  - Prevents cross linkage of peptidoglycan chains

## Summary

- Large molecule
- Only active against Gram positive bacteria
- Second choice in all its uses except;
  - MRSA (Methicillin-resistant Staphylococcus aureus)
  - C.difficile

#### Metronidazole

- Antibiotic
- Amoebicide
- Anti-protozoal
  - Trichomonas Vaginalis

### Mechanisms of Action

- Molecular reduction
  - Nitroso intermediates
  - Sulfamides

- Melatbolised
  - Bacterial DNA de-stabilised

## Spectrum of Activity & Uses

- Anaerobes
  - Bacterial Vaginosis
  - Pelvic Inflammatory Disease
  - C. Difficile

## **Bio-Availability**

- Oral
- Intra-venous
   Expensive
- Rectal
  - Cheap

## Summary

- Wide spectrum of activity
- Anaerobes
- In combination

#### **Use of Pharmacokinetics in Treatment**

#### Beta lactams

Good/variable (Dependant on individual antibiotic)

Soft tissue

Bone and joints

Lungs

CSF

Poor

Abscesses

#### Aminoglycosides

Good

Circulating organisms

#### Poor

Soft tissue

Bone and joints

Abscesses

Lungs

CSF

#### Examples of good Tissue Penetrators Tetracyclines Macrolides Quinolones Clindamycin

# Key Message 2

- When selecting an antibiotic consider the following;
  - Where is the infection?
  - Which antibiotics will reach the site of infection
- Match the two and select your antibiotic

# Key Message 3&4

- Aminoglycosides are toxic drugs and require monitoring
  - Avoid use in renal failure but safe in liver failure
  - Avoid concomitant use with other renal toxic drugs
  - Check renal clearance, frequency according to renal function
- Beta lactams are the safest antibiotics in renal and hepatic failure

#### THANKS