Gerunds = verb+ing

What a gerund is?
It is a verb+ ing. It is a verbal noun. It looks like a verb and function as a noun.

1. Running is good for your heart.

- 2. He hates waking up early.
- 3. What I hate most is repeating myself.
- 4.1 saw Jim riding his bike.
- 5.1 am interested in improving myself.
- 6.She doesn't like your bossing her around.

• She is running.

Active and passive gerunds:

I like swimming.

She hates **being told** what to do.

I'm tired of **being insulted** by people.