

**Module: Gastro-Intestinal Tract (GIT)** 

Semester: 1 Session: 7 Lecture: 2

#### Liver, Gallbladder and pancreas (L2)

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This Lecture was loaded in blackboard and you can find the material

Clinical chemistry and metabolic medicine. 7th Edition, Martin A. Crook [2006]





For more detailed instructions, any question, or you have a case you need help in, please post to the group of session. *Images are under Creative Commons Distribution*.





#### Liver, Gallbladder and pancreas

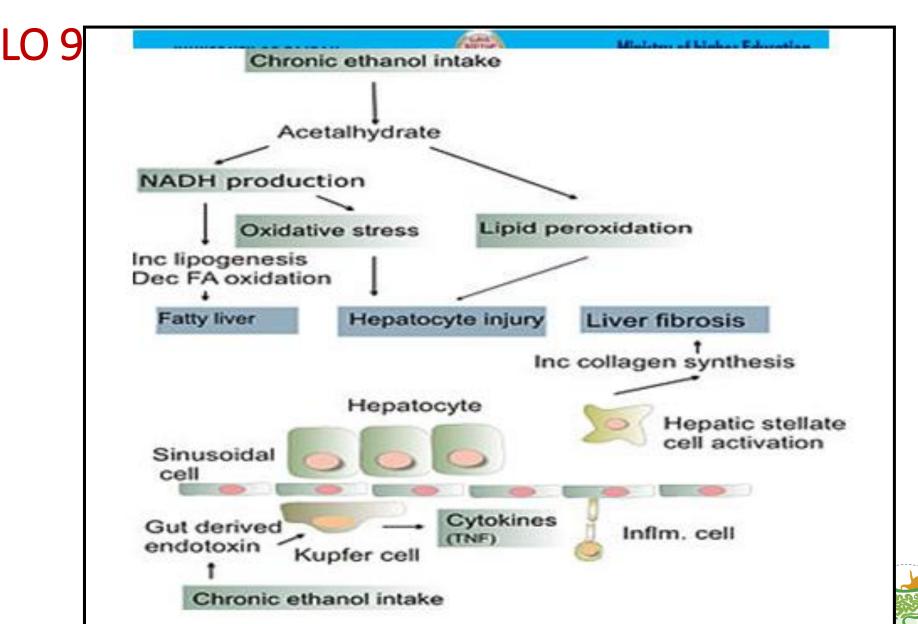
#### **Learning objectives:**

- 9 The effects of excessive alcohol consumption on the liver, the key features of alcoholic liver disease.
- 10- The consequences of liver cirrhosis.
- 11- Outline how liver diseases may lead to portal hypertension.
- 12- The causes and consequences of gallstones.
- 13- The causes and consequences of acute pancreatitis.
- 14- The presentation of carcinoma of the pancreas.



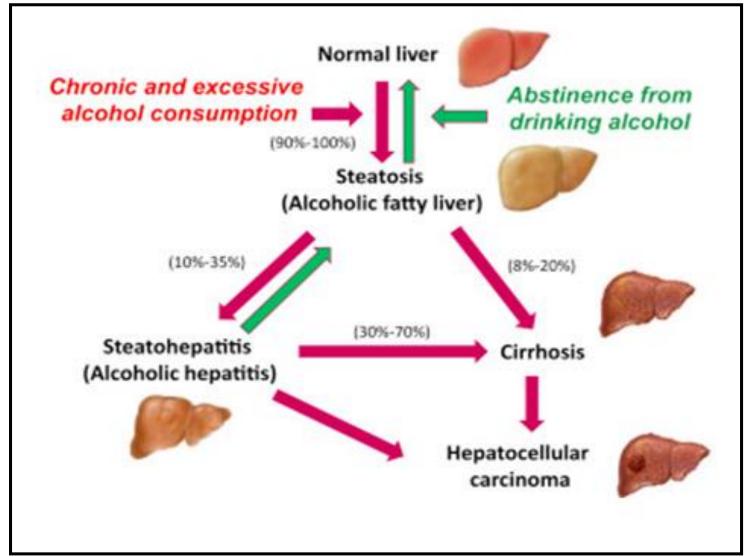








(LO9)







# Clinical features of alcoholic liver disease (LO 9)

- \* Jaundice
- \* Fatigue
- \* Low grade fever
- \* Loss of appetite
- \* Nausea and vomiting
- \* Tenderness in the right upper abdomen
- \* Weight loss

Liver damage may be <u>reversed</u> at early stage and the person stop drinking

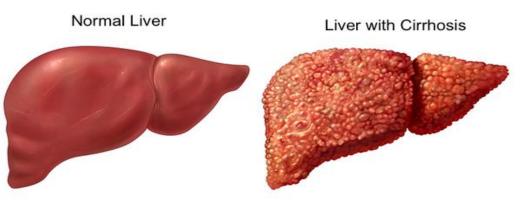






#### Liver cirrhosis (LO 10)

 <u>Cirrhosis</u> is a late stage of scarring (fibrosis) of the liver caused by many forms of liver diseases and conditions, such as hepatitis and chronic alcoholism.





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#### The causes of Cirrhosis

# DC. FOREROOK

Lung

Haemachromatosis "Bronze Diabetes" (Iron accumulates in the tissues, inculding the liver)

alpha-1 Antitrypsin Deficiency (deposition of excessive abnormal A1AT protein

in liver cells occurs).

 $\alpha$  –

Wilson's Disease (Copper accumulates in tissues).

Chronic Viral Hepatitis

**Budd Chiari Syndrome** (Hepatic Vein Thrombosi

Autoimmune

Liver Disease

Alcohol

Primary Sclerosing Cholangitis (Progressive inflammation and scarring of the bile ducts of the liver).

**Primary Biliary** Cirrhosis (Autoimmune attack of the bile ducts)

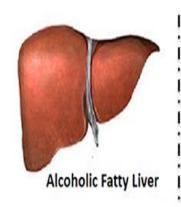
Drugs

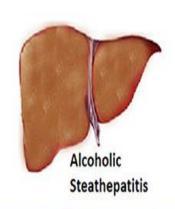
- Amiodarone
- Methyldopa
- Methotrexate

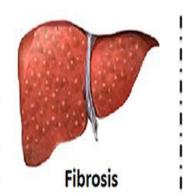
Health Tips Insurance.com



## **Stages of liver cirrhosis** (LO10)









Alcoholic Liver Disease

- ♦ Macrophage infiltration I
- ♦ Kupffer cell activation
- ♦ Neutrophil infiltration
- Decreased neutrophil phagocytic capacity
- Reduced NK cell numbers and compromised cytolytic activity
- ♦ Impaired cytotoxic T cells, decreased Treg and incresed T<sub>H</sub>17 and CD57+ T cells

- ♦ Depressed NK cytolytic activity
- Macrophage infiltration and activation
- ♦ Activated HSCs
- Proliferation of myofibroblasts

- Depressed NK cytolytic activity
- ♦ Decreased DC
- ♦ Reduced B cells





## Signs and symptoms(LO 10)

- Fatigue
- Easily bleeding or bruising
- Loss of appetite
- Nausea
- Swelling in the feet, legs, ankle(edema)
- Weight loss
- Itchy skin
- Jaundice
- Ascites???





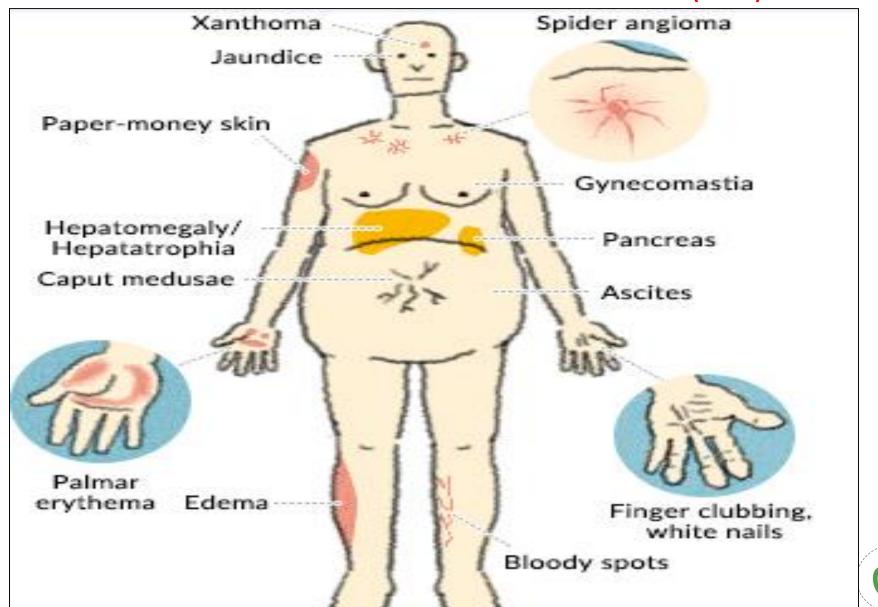
#### Signs and symptoms (LO 10)

- Spider like blood vessels on the skin
- Palmer erythema
- Gynecomastia, testicular atrophy in men while in women ???
- Confusion, drowsiness
   (hepatic encephalopathy)
- Coma and death





(LO 10)

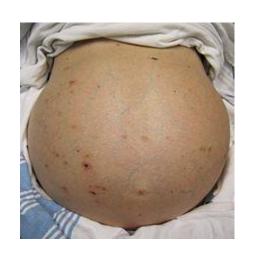






#### Complications of liver cirrhosis(LO10)

- 1- Ascites
- 2- Bacterial peritonitis
- 3- Portal hypertension
- 4- Variceal bleeding
- 5- Hepatic encephalopathy







## Portal hypertension (LO 11)

A high blood pressure in the portal vein

Normal BP in the portal vein 7mmHg,in portal HT this increases 2-3 fold

Liver disease is the most common cause, BUT it is not the only





#### Causes (LO11)

- Prehepatic a blockage of the portal vein before the liver.
- Hepatic disruptions of the liver architecture.
- Posthepatic a blockage in the venous system after the liver.





#### Causes of portal hypertension (LO11)

**Prehepatic** portal vein thrombosis

arteriovenous fistula

increased splenic blood flow

secondary to splenomegaly

**Hepatic** cirrhosis

schistosomiasis

sarcoidosis

**Tuberculosis** 

alcoholic hepatitis

Posthepatic Budd-Chiari syndrome(hepatic vein obstruction)

Veno-occlusive disease

sever right sided heart failure

constrictive pericarditis



#### Gall stones (LO12)

 Are solid particles that form from bile, cholesterol and bilirubin.

#### **Risk factors:**

- 1- Sex, Female more than male.
- 2- Age ,It increases with age in both sexes.
- 3- Obesity.
- 4- Diabetes mellitus.
- 5- Haemolytic disease.





#### Types of gall stone (LO12)

1-Cholesterol stone.

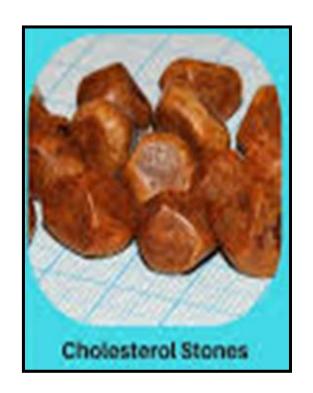
2-Pigmented stone which composed of bile pigment and calcium.

3-Mixed stone(contain all the three component).





## **Types of Gallstones (LO12)**











## A etiology (LO12)

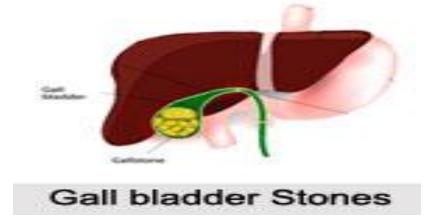
- Cholesterol stone :
- 1-Increased cholesterol in the bile, e.g. obesity or die
- 2-Decreased amount of bile acids, e.g malabsorption (cystic fibrosis).
- Pigment stones :
- 1- Haemolytic anemia.
- 2-Ileal resection(recycling of bile is impaired).
- 3-Chronic infection of the biliary tract.





#### **Complication of gall stones (LO12)**

- 1- Acute cholecystitis
- 2- Pancreatitis
- 3- Gall stone ileus and ileul obstruction
- 4- Biliary enteric fistula
- 5- Carcinoma of the gall bladder







#### I GET SMASHED

## **Acute pancreatitis (LO13)**

I Idiopathic

**G** Gallstones

**E** Ethanol

Trauma

Steroids

M Mumps

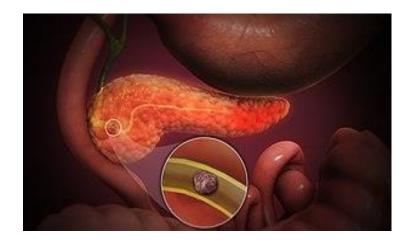
A Autoimmune

Scorpion bites

Hyperlipidemia / Hypothermia

E ERCP

Drugs (especially azathioprine and diuretics).

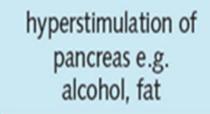


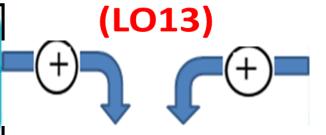


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pancreatic duct destruction e.g. choledocholithiasis tumours

proenzymes

defective intracelluar transport and secretion of pancreatic zymogens



reflux of infected bile or duodenal contents into pancreatic duct e.g. sphincter of Oddi disruption by gallstones

activated proteolytic enzymes

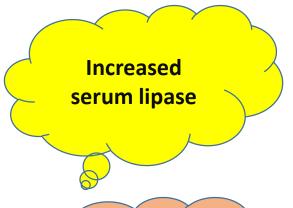


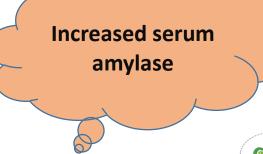


#### Signs and symptoms: (LO13)

- Upper abdominal pain.
- Abdominal pain that radiates to the back.
- feels worse after eating. Relieved by leaning forward
- Fever.
- Tachycardia
- Nausea.
- Vomiting.
- Tenderness when touching the abdomen







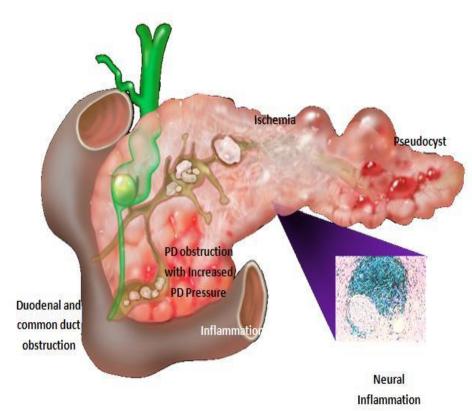


## Complications of acute pancreatitis (LO13)

- 1- Local complication:
- a-Abscess (pseudo cyst)
- **b**-Diabetes mellitus
- **c-**Relapse

- 2- Systemic complication
- a-Multiple organ failure









#### **Chronic pancreatitis (LO13)**

- Is a chronic inflammatory disease leading to destruction of the exocrine pancreas and fibrosis of the tissue.
- The causes:
- chronic alcohol abuse (85%)
- Idiopathic
- Trauma
- Hypercalcaemia
- Cystic fibrosis
- Hereditary





## **Clinical features :(LO13)**

Pain

Malabsorption

Weight loss

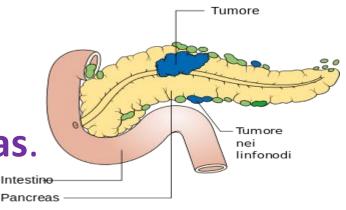
Diabetes





#### Carcinoma of the pancreas (LO14)

- Most common occur among diabetic female.
- **❖** Age more than 60 years.
- Associated with smoking.
  - 60 % in the head of pancreas.
  - 15-20 % in the body.
  - 5-10 % in the tail.
  - 20 % involve the pancreas diffusely.







#### Clinical features (LO14)

- 1- Painless progressive jaundice.
- 2- Pain.
- 3- Intermittent jaundice.
- 4- Diabetes mellitus.
- 5- General features of malignancy, e.g. weight loss.

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