



**Optimization**  
**Fourth Class**  
**2020 - 2021**



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# Chapter Three



# The Steepest Descent and Newton Methods

## Lecture 1

## First: The Steepest Descent Method

The steepest descent method is one of the simplest and most fundamental minimization methods for unconstrained optimization.

Since it uses the negative gradient as its descent direction, it is called the gradient method.

Suppose that  $f(X)$  is continuously differentiable function and the gradient vector of  $f(X)$  at  $X_k$  is  $g_k = \nabla f(X_k) \neq 0$ .

From the Taylor expansion

$$f(X) = f(X_k) + (X - X_k)^T g_k + O(\|X - X_k\|) \dots \dots \dots (1)$$

We know that, if we write  $X - X_k = \alpha d_k$ , then the direction  $d_k$  satisfy  $d_k^T g_k < 0$  is called a *descent direction* that is such that  $f(X) < f(X_k)$ .

*By the Cauchy - Schwartz inequality, we have:*





## Algorithm (1): (The Steepest Descent Method)

### Step 0:

Given an initial point  $X_0 \in R^n$  and  $0 < \varepsilon < 1$  be the termination tolerance.

Set  $k = 0$ .

### Step 1:

If  $\|g_k\| < \varepsilon$ , stop. Otherwise let  $d_k = -g_k$ , where  $g_k$  is the gradient vector of the function  $f(X)$  which be minimized and  $d_k$  is the descent direction.

### Step 2:

Find the step length factor  $\alpha_k$  such that

$$f(X_k + \alpha_k d_k) = \min_{\alpha \geq 0} f(X_k + \alpha d_k).$$

### Step 3:

Compute  $X_{k+1} = X_k + \alpha_k d_k$ .

### Step 4:

Set  $k = k + 1$  and go to step 1.



## Example:

Compute the first two iterates of the method of steepest descent applied to the objective function  $f(X) = x_1^2 + 2x_2^2$  with initial point  $X_0 = [1, 1]^T$ .

## Solution:

First, we find the gradient vector  $g(X)$  as:

$$g(X) = \left[ \frac{\partial f}{\partial x_1}, \frac{\partial f}{\partial x_2} \right]^T = [2x_1, 4x_2]^T.$$

∴ The gradient vector at  $X_0 = [1, 1]^T$  is:

$$g_0 = g(X_0) = [2, 4]^T.$$

∴  $X_1 = X_0 - \alpha g_0 = [1 - 2\alpha, 1 - 4\alpha]^T$ .

$$f(X_1) = (1 - 2\alpha)^2 + 2(1 - 4\alpha)^2.$$

$$\frac{df}{d\alpha} = 2(1 - 2\alpha)(-2) + 4(1 - 4\alpha)(-4) = -4(1 - 2\alpha) - 16(1 - 4\alpha)$$

$$= -4 + 8\alpha - 16 + 64\alpha = 72\alpha - 20.$$



$$\text{Set } \frac{df}{d\alpha} = 0 \rightarrow 72\alpha - 20 = 0 \rightarrow 72\alpha = 20 \rightarrow \alpha = \frac{20}{72} = \frac{5}{18}.$$

$$\frac{d^2f}{d\alpha^2} = 72 > 0.$$

$\therefore \alpha = \frac{5}{18}$  represents a minimizer of  $f(X_1)$ .

$$\therefore X_1 = \left[1 - \frac{10}{18}, 1 - \frac{20}{18}\right]^T = \left[\frac{8}{18}, \frac{-2}{18}\right]^T = \left[\frac{4}{9}, -\frac{1}{9}\right]^T.$$

$$g_1 = g(X_1) = \left[\frac{8}{9}, -\frac{4}{9}\right]^T.$$

$$\therefore X_2 = X_1 - \alpha g_1 = \left[\frac{4}{9} - \frac{8}{9}\alpha, -\frac{1}{9} + \frac{4}{9}\alpha\right]^T.$$

$$f(X_2) = \left(\frac{4}{9} - \frac{8}{9}\alpha\right)^2 + 2\left(-\frac{1}{9} + \frac{4}{9}\alpha\right)^2.$$

$$\begin{aligned} \frac{df}{d\alpha} &= 2\left(\frac{4}{9} - \frac{8}{9}\alpha\right)\left(-\frac{8}{9}\right) + 4\left(-\frac{1}{9} + \frac{4}{9}\alpha\right)\left(\frac{4}{9}\right) \\ &= -\frac{16}{9}\left(\frac{4}{9} - \frac{8}{9}\alpha\right) + \frac{16}{9}\left(-\frac{1}{9} + \frac{4}{9}\alpha\right) \end{aligned}$$



$$\text{Set } \frac{df}{d\alpha} = \mathbf{0} \rightarrow -\frac{16}{9} \left( \frac{4}{9} - \frac{8}{9} \alpha \right) + \frac{16}{9} \left( -\frac{1}{9} + \frac{4}{9} \alpha \right) = \mathbf{0} \rightarrow$$

$$-\left( \frac{4}{9} - \frac{8}{9} \alpha \right) + \left( -\frac{1}{9} + \frac{4}{9} \alpha \right) = \mathbf{0} \rightarrow -\frac{5}{9} + \frac{12}{9} \alpha = \mathbf{0} \rightarrow \frac{12}{9} \alpha = \frac{5}{9} \rightarrow$$

$$12\alpha = 5 \rightarrow \alpha = \frac{5}{12} .$$

$$\square \frac{d^2 f}{d\alpha^2} = \frac{12}{9} > \mathbf{0} .$$

$\therefore \alpha = \frac{5}{12}$  represents a minimizer of  $f(X_2)$ .

$$\therefore X_2 = \left[ \frac{4}{9} - \frac{8}{9} \alpha , -\frac{1}{9} + \frac{4}{9} \alpha \right]^T = \left[ \frac{4}{9} - \frac{8}{9} \left( \frac{5}{12} \right) , -\frac{1}{9} + \frac{4}{9} \left( \frac{5}{12} \right) \right]^T = \left[ \frac{2}{27} , \frac{2}{27} \right]^T$$

**H.W.**

Compute the first two iterates of the method of steepest descent applied to the objective function  $f(X) = x_1 - x_2 + 2x_1^2 + 2x_1x_2 + x_2^2$  with initial point  $X_0 = [0, 0]^T$ .

