



The level of psychological security and its relationship to compatibility with university life for female students of the Faculty of Physical Education

Dr. Buthaina Jameel Al-Jaberi

University of Basra/College of Physical Education and Sports Sciences

buthaina.nsaif@uobasrah.edu.iq

Abstract

The feeling of psychological security is one of the important needs for building character. Security is an expression that indicates a psychological state in which a living being exists when its needs are satisfied, which vary according to the living being itself. In humans, it is what they feel towards needs, by obtaining which their demands for stability are fulfilled. These needs vary from one person to another, and from one place to another. The research aims to identify the feeling of security according to Maslow's test and its relationship to social compatibility with university life for female students of the College of Physical Education and Sports Sciences. The researcher used the descriptive approach that deals with what exists in reality and attempts to explain it. The research community consisted of (60) female students from the College of Physical Education and Sports Sciences at the University of Basra, and (50) female students were selected randomly (lottery) and constituted a percentage of 75.757%. The researcher concluded that the female students of the College of Physical Education and Sports Sciences enjoy an average level of feeling psychological security, and that they enjoy a higher than average level of compatibility with university life. Psychological security also achieved a high moral correlation with compatibility with university life for female students of the College of Physical Education and Sports Sciences. The researcher recommended giving intensive priorities to female students in order to raise their sense of psychological security within the university, and giving an educational and cultural mission to female students in order to increase compatibility with university life.

Keywords: Psychological security, adaptation to university life, female students of the Faculty of Physical Education.

مستوى الأمن النفسي وعلاقته بالتوافق مع الحياة الجامعية لطالبات كلية التربية الرياضية