



EFFECT OF SELF-LEARNING ON THE ZAHURIK MODEL IN TEACHING SOME KINETIC SKILLS IN TECHNICAL GYMNASTIC FOR WOMEN 5-7 YEARS

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Article history:	Abstract:
Received 7 th August 2022 Accepted: 8 th September 2022 Published: 11 th October 2022	<p>The importance of research came to emphasize the importance of moving learning methods, including self-learning on the Zahurik model and its role in learning motor skills in your artistic technical gym for an age of 5-7 years.</p> <p>The activities of your jurisdiction, including difficult kinetic skills in app and multiple learning methods and models have not given educational indicators that rise to the level of education and help the learner and move away from worrying and therefore the workout of the right educational method, including the Self-learning method on the Zahurik model, possibly exit This is considered a research version that has been discovered through the experience of modest researcher with motor learning and a game in the mandate of the kinetic skills.</p> <p>The most important objectives were:</p> <p>1 - Identify the effect of self-learning on the Zahurik model in teaching some kinetic skills in your technical garden for women with an age of 5-7 years.</p> <p>Conclusion was reached:</p> <p>1. Self-learning is based on the Zahurik model achieved the search objectives in teaching some kinetic skills in your artistic technical gym for an age of 5-7 years.</p> <p>2. Providing supportive and encouraging educational environment for teachers to use appropriate educational models in the learning process, especially in your garden for women</p>

Keywords: Self-learning ; Zahurik Model; Technical Gymnastic

1 - DEFINITION OF RESEARCH:

1-1 Introduction to research and importance:

Communities promotes through attention to educational and scientific aspects to build a learner generation capable of creativity and thinking. Education plays in general, physical education and sports sciences in particular a major role "in the reflection of community institutions with teachers capable of leading health, sports and correct performance in the implementation of physical and skilled performance of various sports, (Mohsen, D, 2015) "The modern educational orientation of education and learning is made by giving the actual role of the teacher in the design of useful" educational attitudes and intelligent management class management with modern technologies and educational methods that contribute to building an educational system taking into account the role of teaching and moving learning in the mental building processions .

There is a firm relationship between the educational and model that is carried out by the output of an educational environment. The appropriate educational form is selected in educational scientific principle in building the educational personality as in physical education colleges and sports sciences that are one of the most important educational institutions. In their field of specialization.

(Fadel Khalil: 2010) "Teaching models take multiple paths, but they are collected by common denominations because they are a source of social interaction between learners within the class, and as an issue to address the personal information and experiences of the educated individual, as well as an amendment to the behavior of learners in accordance with certain strategies," Fadel : 2010).

The researcher agrees with the opinion (Mustafa al-Kasswani.: 2007:)"Due to multi-teaching models, the Zahurik model is one of the modern models, which achieved an advanced level of education in various individual sports and jurisprudence", Several assumptions were presented around the view of knowledge and learning. Depends on the active information, acquisition of information, understanding information, use information, thinking about information. (Yasin & Zainb: 2012:)