



The Effect of Corrective Exercises According to the Mind Mapping Strategy in Learning the Two Strikes front and Back Tennis

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Abstract

In the introduction and the importance of the research, the researchers touched on the importance of the mind mapping strategy and the interaction between this strategy and feedback according to the mind mapping strategy so that it appears in the form of a single method aimed at addressing the common errors that accompany the implementation of performance in conjunction with the feedback for the purpose of achieving the best learning, and the researchers used the approach The experimental group was divided into two groups, control and experimental, and the two groups were homogeneous and equal.

The tests used in the research were discussed, then the researchers explained how to prepare the proposed educational curriculum, its timing and method of application, in addition to the statistical methods used.

The most important conclusions were that the experimental design according to the mind mapping strategy was the best in learning the performance of the tennis front and back groundstroke skills. Footballers to various situations with psychological stressors in order to improve their adaptation ability in the various situations.