



THE EFFECT OF EXERCISES ACCORDING TO TOLMAN'S THEORY IN DEVELOPING FOOTBALL HANDLING AND SCORING SKILLS FOR YOUNG PLAYERS

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Because of the importance Didactic exercises in Develop basic football skills The researcher found it necessary Using special exercises that are appropriate to develop better and faster handling and scoring skills These exercises have their own advantages And influencing the development and learning according to Tolman's theory, hence the importance of research in using exercises according to Tolman's theory in developing the skills of handling and scoring in football for juniors. As for the research problem, it lies in the lack of use of educational exercises based on scientific foundations and theories in the stages of learning basic skills, handling and scoring for football players, and this negatively affects the tactical and skillful performance, which affects the results of the team. Tolman). The research aims to identify the effect of exercises according to Tolman's theory in developing the skills of handling and scoring in football for young people. The areas of research are the human field, which are the players of Al-Deir Sports Academy, whose number is (24) athletes, with ages from (14-16) years. 7/2022 to 1/9/2022 As for the spatial field, the stadium of Al-Deir Sports Academy. As for the second chapter, it included theoretical studies, and the tests used in the research were the handling test and the scoring test, which included pre and post tests. As for the fifth chapter, it included conclusions and recommendations, and from this the researcher concluded that the use of exercises according to Tolman's theory in developing the skills of handling and scoring has an effective and influential role in changing the behavior of the individual learner.

1- Introducing the research

1-1 Introduction and the importance of the research

And stand out Importance search and need mechanism from during Preparation exercises educational H according to theory Tolman To develop skills early foot for players rookies from Okay Contribute effective in Upgrade level the performance skillful for players rookies in foot ball. They are the basic rule as well Upgrade in Building skillful kinetic

According for a theory tolman, The player get up with an experiment many from movements different in pitch and encourage its performance, And he launches on her "Maps kinetic (cognitive maps). And he rises Analyze Results and learning from errors that commit it. And from during this is amazing the operation, complete to improve skills sports and improve performance player, whereas "participation positive for the learner from during practical interaction continuous between learner And the curriculum in position educational require from