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HISTOPATHOLOGICAL CHANGES IN THE LIVER AND KIDNEY IN RABBITS EXPOSED TO OVERDOSE OF OLANZAPINE DRUG

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ABSTRACT : The present study carried out to determine the histopathological effects for the overdose of (Olanzapine) drug on the liver and kidney of rabbit. The animals were used eight male rabbits which divided into three groups; low dose treated group (5mg/ml), high dose treated group (10 mg/ml), and control group. It took therapy by oral administration, which was one daily for two weeks and the clinical signs was appear such as depressing, weakness, anorexia. The histopathological change appeared on the examined organs (liver and kidney), which contain of the low treated group, lymphocytes and vaculation, while In the high treated group show degeneration cells, necrosis with increased intracellular space in the tubules lumen. The incidences of changes and severity were more in the high dose group. All these results were compared to the control group which don, it appears any structural changes. However, the exposure to the high dose of Olanzapine may be histologically toxic and associated with various pathological conditions such as liver fibrosis and renal dysfunction.

Key words : Olanzapine, kidney, liver and histopathological.

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INTRODUCTION

Olanzapine, newer atypical antipsychotics are highly effective and safe in the treatment of psychosis. Antipsychotic drugs have been grouped according to both patterns of clinical activity and mechanism of action. The original antipsychotic drugs such as chlorpromazine and haloperidol have been called typical or first generation. They cause both antipsychotic actions and many side effects (extra pyramidal and hormonal) that are ascribed to their high affinity dopamine D2 receptor antagonism. An antipsychotic drug is a tranquilizing psychiatric medication primarily used to manage psychosis (including delusions or hallucinations, as well as disorders of thought), particularly in schizophrenia and bipolar disorder. Antipsychotics might also be used to counter psychosis associated with a wide range of other disorders, such as psychotic depression (Richard et al, 2008). The cytotoxic properties of the typical antipsychotic drugs are well known. Chlorpromazine, fluphenazine, trifluoperazine, and related drugs have been reported to inhibit proliferation in a variety of cell lines

and to alter cell morphology. Similarly, haloperidol, another typical antipsychotic agent, has been shown to be hepato (Durham *et al*, 1990) and nephrotoxic (EL-Abanhawy *et al*, 1993) in rats, especially at high doses. Olanzapine is structurally and functionally similar to clozapine and both are classified as thienobenzodiazepines.

Opioids are used as analgesics and considered effective for the treatment of acute cancer and noncancer found that its antispasmodic effects on isolated intestinal Muscle were half as powerful as that of atropine. They found that in small doses the parasypatholytic effects were accompanied by mild depression of central nervous system and in large doses by excitement. Although, the side effects of benzhexol Hcl used in the treatment of parkinsonism have been recognized for a number of years.

In spite of its high therapeutic index there are side effects in the course of treatment with benzhexol, including occasional psychotic Manifestations (Stephenes, *et al*, 1967). There are many associated metabolic abnormalities with clinical drug notably ketoacidosis, the progressive development of disease capillaries of the kidney and liver, damage to the peripheral nerves and excessive arteriosclerosis (WHO, 1990).

The benzhexol HCl, no or very few toxicological studies have been carried out to evaluate the acute and chronic toxicity effects on the laboratory animal. The benzhexol Hcl is well recorded after uptake via the oral (Vining, 1980).

Hayrettin *et al* (2006) confined that the drug may be cause of oxidative stress, which play an important role in the pathogenesis of toxic liver and kidney diseases and the alteration Including obstruction of bike flow. On the other hand, several drug, have been associated with liver damage (Lapeyre-Mestre *et al*, 2006).

Therefore, the present study aimed to determine the histopathological effects of on liver and kidney of rabbit.

MATERIALS AND METHODS

Seven rabbits weight between 1-3kg, they were housed in clean cages and they were fed with clean water and food. after that the animals divided into three groups; control, which include one rabbit administrated orally with distal water only, low dose group consists of 2 rabbits were exposed to 5mg/ml olanzapine administrated with distill water and high dose group consists of 2 rabbits were exposed to 10 mg/ml olanzapine administrated with distill water. All these groups administrated twice daily for 2 weeks. They were administrated at same time in the morning (10-11)am and (11-12)pm for evening administration. After the duration of administration (2 weeks) all groups will injected with ketamin 0.5+xylazin (to avoid suffering during killing). Kidney and liver were taken out after killing they were fixing in 10% formalin for histological analysis.

Histological analysis

The liver and kidney were processed and embedded in paraffin wax 6um thick sections were obtained and stained Hematoxiline and Eosin stain and examined by light microscope for determinate of any histopathological change in liver and kidney (Luna, 1968).

RESULTS

Effect of olanzapine on liver histology

Histological, the control liver tissue indicated the presence of normal hepatocytes which are polyhedral in shape with defined cell lining, nuclei are distinctly rounded, with one or two prominent nucleoli. The results of histopathological changes in the liver were recorded by light microscopic, the treatment rabbits by a higher dose showed that bleeding, degeneration cells, vaculation of hepatocytes (Fig. 1), also appeared of accumulation of



Fig. 1: Section of the liver of a rabbit treated with 20mg/kg olanzapine drug for 2 weeks showing bleeding (a) degeneration cells (b) vaculation (c) fibrosis (d). (H and E X200).



Fig. 2 : Section of the liver of a rabbit treated with 20mg\kg olanzapine drug for 2 weeks showing bleeding (a) degeneration cells (b) lymphocytes (c) fibrosis (d). (H and E X200).



Fig. 3 :Section of the liver of a rabbit treated with 20mg/kg olanzapine drug for 2 weeks showing congestions(a) degeneration cells (b) vaculation of cytoplasmis (c)necrosis (d).



Fig. 4: Section of the liver of a rabbit treated with 10 mg/kg olanzapine drug for 2 weeks showing necrosis (a) degeneration cells (b). (H and E X 200).



Fig. 5 : Section of the liver of a rabbit treated with 10 mg/kg olanzapine drug for 2 weeks showing necrosis (a) degeneration cells (b) large of sinusoid (c) lose the typical shape (d) hypertrophy of hepatocytes (e). (H and E X200).



Fig. 6: Section of the liver of a rabbit treated with 10 mg/kg olanzapine drug for 2 weeks showing bleeding (a) degeneration cells (b) lymphocytes (c) lose the typical shape (d) hypertrophy of hepatocytes (e) fibrosis (f) necrosis (g). (H and E X200).



Fig. 7 : Section of the kidney of a rabbit treated with 20mg\kg olanzapine drug for 2 weeks showing a hyperplasia of proximal convoluted tubule (a) absence of glomeruolosa (b) Degeneration cells (d) pyknosis (e). (H and E X200).

lymphocytes and fibrosis (Fig. 2) vaculation of cells and congestion of portal vein (Fig. 3).

While, alow dose showed that, bleeding and degeneration cells (Fig. 4), also noticed large of sinusoid, lose of typical shape, vaculation and hypertrophy of hepatocytes (Fig. 5) infiltration of lymphocytes, fibrosis and necrosis (Fig. 6).

Effect of olanzapine on kidney histology

Histologically, the control kidney tissue indicated the presence of normal cuboidal shaped cell with defined



Fig. 8 :Section of the kidney of a rabbit treated with 20mg\kg olanzapine drug for 2 weeks showing a vaculation of cells (a) degeneration cells (d) necrosis (e). (H and E X200).



Fig. 9: Section of the kidney of a rabbit treated with 20mg\kg olanzapine drug for 2 weeks showing bleeding (a) degeneration cells (d) necrosis (e). (H and E X200).



Fig. 10 : Section of the kidney of a rabbit treated with 10mg\kg olanzapine drug for 2 weeks showing a hyper pigment (a) degeneration cells (b) necrosis (c) hypertrophied cells and luman tubules diminished (d). (H and E X200).

epithelial cell lining. In the treatment groups by high dose of parkinsol drug showed that absence of glomeruolosa and pyknosis (Fig. 7) also state of vaculation of hepatocytes, degeneration and necrosis (Fig. 8) as well as bleeding and necrosis (Fig. 9). While, a low dose groups was recorded the many of histo pathological changes in kidney such as of hyper pigment, necrosis, degeneration of hepatocytes (Fig. 10), also showed infiltration of lymphocytes, shrinkage of glomerulus andexpansion of space inside the Bowman's capsule (Fig. 12).



Fig. 11: Section of the kidney of a rabbit treated with 10mg\kg olanzapine drug for 2 weeks showing shrinkage of glomerulus and expansion of space inside the Bowman,s capsule (a) degeneration cells (b) necrosis (c) lymphocytes (d). (H and E X200).



Fig. 12 : Section of the liver of a rabbit Control indicated the presence of normal hepatocytes (a)which are polyhedral in shape with defined cell lining, nuclei are distinctly rounded ,with one or two prominent nucleoli, central vein(b) (H and E X200).



Fig. 13 : Section of the kidney of a rabbit control indicated the presence of normal cuboidal shaped cell with defined epithelial cell lining and glomerulus (a) with normal tubules(b). (H and E X200).

DISCUSSION

In this study, the effect of olanzapine on liver and kidney was dose depended. There increase effects with doses level administration. A drug concentration in the blood is affected by capillary constriction leading to a decrease in glomerular filtration of that drug which minimizes its effect and protects the tubular cells (Stevens, 1997). This may affect the shrinkage and atrophy of the glomeruli. The tubular lesion observed in the present study was accompanied by invasion of inflammatory cells to the inter tubular tissue in a trial to minimize the injury. Some of these external stressors apparently caused the tubular lesion. The necrosis and degeneration of cells in the proximal and distal convoluted tubules may be due to a decrease re-absorption of glomerular filtrate which counteracts the toxicity of the drug (Jaekson et al, 1978). Many researchers have reported marked alteration in the fine structure of the cellular component of the proximal convoluted tubules as a result of the treatment with different toxic substance (Trump and Bulger, 1968; Al-Thani, 1993). May be the Benzhexol act to induce hepatic injury as in the present study, which caused a pathological changes may lead to impaired liver function. Abrahams et al (1970) suggested that the cytoplasmic vaculation is mainly a consequence of considerable disturbance in lipid inclusions and fat metabolism occurring during pathological changes. Also vacuolar degeneration has been regarded by Durham et al (1990) to be an alteration produced to collect the injurious substance in the cells. Vaculation and damage of liver cells was noted by other investigators following treatment with different agents (El-Banhawy et al, 1993 and Amer et al, 1998). Results also showed a remarkable cellular infiltration in the hepatic tissue. This supports by EL-Banhawy et al (1993) whose studies suggested that abundance of leucocytes, in general and lymphocytes in particle are a prominent response of body tissues facing any injurious impacts.

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