

ISSN 0974-3618 (Print)
0974-360X (Online)

www.rjptonline.org



RESEARCH ARTICLE

Characteristics of Fat Milk Iraqi Buffalo (*Bubalus bubalis*)

Dhia F. Alfekaiki

Basra University, Agriculture Faculty, Food Science Department, Food Research and Consumer Protection Laboratories, Basra-Iraq.

*Corresponding Author E-mail: alfekaiki@yahoo.com

ABSTRACT:

Buffalo milk is the most prevalent milk in the south Iraq. Few studies have focused on the physical and chemical properties of the Iraqi buffalo milk fat, in this study focus on fatty acid of Iraqi buffalo milk and the yoghurt produced from it. The fatty acids and its ratio were diagnosed by GC-MS, the results showed that the yoghurt made from the starter Y₄₈₀ contained higher amounts of fatty acids compared with the milk used in the industry, also the fat of the buffalo milk was characterized by containing important biological fatty acids more than fat of cows milk. Evaluated the total content of conjugated linoleic acid (CLA) of buffalo milk fat compared with cow milk fat treated with linoleic acid isomerase was for different incubation periods. The period of 30 minute showed higher CLA for both types. The Antioxidative activity, Chelating offerrous ion, reducing force and hydrogen peroxide were also evaluated. The results showed that buffalo milk fat was superior in all studied properties compared with cow milk fat.

KEYWORDS: Buffalo milk, Fatty acids, Antioxidants, Gas chromatography mass spectrometer GC-MS, Yoghurt.

INTRODUCTION:

Milk is a complex biological fluid secreted by mammals and used in the production of many important nutritional products, the buffalo milk is used in many countries of the world as a commercial source in the manufacturing of dairy products, including India, Pakistan and Egypt, as it has double the amount of fat in the milk of cows which (7.4-8.8%)¹. Buffalo spread in the south of Iraq, especially in the areas of the marshes, the product made from which was not enough scientific studies, especially with regard to the nutritional and therapeutic aspect.

Many studies on the milk and its products have shown interest in the nutritional, healthy and on the consumer to contain the milk fat on the fatty acid which called conjugated linoleic acid which is a mixture from geometrical and positional isomers of linoleic acid C18:2, the isomer C9T11 the most effective and presence in foods, that belongs to it the many biological benefits including the antioxidant activity, the proportion of this isomer to 90% of the total linoleic acid isomers, CLA exists in many of foods, especially milk being secreted in the paunch of ruminants² because of ability of the microbiology which is settlement in paunch on formation process of isomers and biohydrogenation in a presence of linoleic acid which works as a substrate to produce linoleic acid isomerase which generates by some of the microbiology in the paunch of ruminants which converted linoleic acid to conjugated linoleic acid, in addition to the role of an enzyme desaturase which secreted from lactic glands which transfer vaccenic acid (T11 C18:1) to CLA³.

The buffalo milk under the study is having a good content of CLA which having biological importance, especially with regard to the antioxidant activity⁴, so the study aimed to describe the content of the buffalo milk fat by

Received on 05.02.2018 Modified on 26.03.2018
Accepted on 20.04.2018 © RJPT All right reserved
Research J. Pharm. and Tech 2018; 11(10): 4349-4356.
DOI: 10.5958/0974-360X.2018.00796.5

estimating its content of fatty acids and treatment with linoleic acid isomerase to enhance the biological activity of milk and assessment the content of CLA and found a relationship between this content and its biological activity by measuring the antioxidant activity and their relationship in mechanism this activity.

MATERIALS AND METHODS:

Materials:

Milk cows were obtained from agricultural research station/Faculty of Agriculture, University of Basra, the buffalo milk were obtained from one of the educators in the Qarma area/Basra governorate.

METHODS:

Diagnosing Fatty Acids by GC-MS:

1-Fat Extraction:

Extracted the fat of cows and buffalo milk according to the method of⁵ by mixing 3 ml of sample with 6 ml of isopropanol and vortex for 1 min. and added 5 ml from pure hexane (99%) with vortex for 1 min., then centrifuging at 2000 rpm/min. for 5 min. in 4 °C.

2-Esterification:

The esterification was done according to⁶ depending on glycerides reaction with methyl potassium hydroxide which prepared by soluble 11.2 gm from potassium hydroxide in 100 ml methanol, weight 1 gm of sample in tube capacity of 15 ml and added 5 ml of methyl potassium hydroxide with vortex for 5 min., then added 5 ml from pure hexane, shaken the contents and left until spread two layers, the upper layer contains methyl esters for fatty acid in hexane while lower layer contains saponin materials.

3-GC-MS:

The samples diagnosing by gas chromatography mass spectrophotometry type Shimadzu GC/MS-PQ2010 Ultra in GC-MS lab. at agriculture college, university of Basra according following conditions:

Column type DP-5MS (30 M×0.25 mm i.d., film thickness 0.25µm), Helium gas at flow rate 1 ml/sec., injector temperature was 280 °C, programme of GC oven was justified at pretemperature 100 °C for 1 min. then rised the temperature to 280 °C (6degrees per min.) and matching the resulting peaks with 08 NIST library.

Estimation the Total Content of Conjugated Linoleic Acid (CLA):

Estimated CLA according to the method of⁷ by incubated 10 gm of cows and buffalo milk fat with 2 mg/gm of linoleic acid isomerase for incubation periods (0-50) min., then mixing 2 gm of cows and buffalo milk fat with 10 ml isopropanol very well by vortex for two min. and added 8 ml of hexane, also vortex for two min.

centerfuging at 3000 rpm/min. the upper layer of supernatant was taken and measured the absorbance at 233 nm according to the standard curve of standard CLA that prepared with concentration between (0-400) µg/ml soluble in hexane and measurement the absorbance at same wave length.

Measurement of Antioxidant Activity:

Antioxidant activity was measured according to the method of⁸, 15 gm of cows and buffalo milk fat which showing a higher content of CLA was prepared with concentration ranged (10-50) mg/ml centerfuging at 9000 rpm/min. and 1 ml of supernatant mixing with 4 ml ethanol concentration of 95% and 4.1 ml linoleic acid concentration of 2.5% in ethanol and 8 ml of phosphate buffer 50 mM, pH 7 . The mixture was incubated in a temperature of 45 °C for 24 hours, then added 0.1 ml of this mixture to 9.7 ml of ethanol concentration of 75% and 0.1 ml of ammonium thiocyanates concentration of 30% and added 0.1 ml of ferrous chloride concentration of 20 mM prepared in 3.5% hydrochloric acid to a mixture of interaction to form a red colored complex with lipid peroxides resulting from oxidation, the blank sample prepared in the same way above except mixed 1 ml of distilled water instead of the sample, the absorbance of samples and blank were measured at 500 nm, which has a clear maximum absorbance for complexes of antioxidant compounds with ferrous ion, an antioxidant activity measured accordance with the following equation:

$$\text{Antioxidant activity (\%)} = 100 - \left[\frac{\text{absorbance of sample}}{\text{absorbance of blank}} \times 100 \right]$$

Estimation the Ability of Linking Ferrous Ion:

The ability of linking ferrous ion estimated according to the method described by⁹, included mixing 0.4 gm of cows and buffalo milk fat which showed the higher content of CLA with concentration ranging between (2-10) mg/ml and 0.4 ml ferrous chloride (2 mM) and 0.4 of 8-hydroxy quinolone (5 mM) prepared in ethanol (98%), the mixture incubation for 10 minutes at room temperature in a dark place, then measured at 562 nm. Also estimated the ability of linking ferrous ion to EDTA and citric acid in the same circumstances for the purpose of comparison, the blank was prepared in the same way, except for the addition of the samples, the ability of linking measured according to the following equation:

$$\text{Ability of linking ferrous ion (\%)} = 1 - \left[\frac{\text{absorbance of sample}}{\text{absorbance of blank}} \times 100 \right]$$

The Ability of Capturing of Hydrogen Peroxide:

Estimated the ability of capturing hydrogen peroxide according to the method described by¹⁰. Included mixing 1 gm of cows and buffalo milk fat with concentration ranging between (2-10) mg/ml with 0.6 ml of hydrogen

peroxide (2 mM), the blank prepared from 1ml of phosphate buffer without the addition of samples, as well as the use ascorbic acid and rutin compound to comparison with samples, then leave the mixture for 10 minutes, then measured the absorbance at 230nm, the ability was calculated according to the following equation:

$$\text{Ability of capturing hydrogen peroxide (\%)} = (\text{absorbance of sample} / \text{absorbance of blank}) \times 100$$

The Measurement of the Reductionist Force:

Estimated the reductionist force according to the method described by¹¹. By mixing 0.3 gm of cows and buffalo milk fat which showed the higher content of CLA with concentration ranging between (5-25) mg/ml with 0.3 ml of ferric potassium cyanide (1%) and 0.3 ml of phosphate buffer (2M) at pH 6.6. The mixture was incubated at temperature of 50 °C for 20 minutes, then added 0.3 ml of chloride acetic acid concentration of 1% and centrifuging at 6000 rpm/min for 10 min. at 4 °C. After the separation of the upper layer of the mixture was withdrawn and mixed with 0.12 ml of chloride ferric (0.1%) and added 0.6 ml of distilled water, vortexed the mixture and leave for 10 minutes as the blank was prepared from all the previous components except the sample. An industrial anti-oxidant BHT was used under the same conditions and concentration for comparison, then measuring the absorbance at 700nm and the reductionist force was calculated according to the following equation:

$$\text{Reductionist force (\%)} = 1 - (\text{absorbance of sample} / \text{absorbance of blank}) \times 100$$

Statistical Analysis:

Using the experiment of two factors by using complete random design (C.R.D.) and the comparison between the averages of the treatments by using the least significant difference (L.S.D.) at level of $p < 0.05$ using the statistical analysis program¹² in the analysis of the data.

RESULTS AND DISCUSSION:

Diagnosing Fatty Acids by GC-MS Technique:

Showing (Fig. 1,2,3) diagnosis the fatty acids in the fat of cows and buffalo milk, as well as yoghurt fat made from the buffalo milk by using starter Y₄₅₀ respectively. Diagnosing the fatty acids in the milk was to compare the fatty acids in yoghurt to notice the changes in it after processing. The figures show a presence of 46 peak for cows milk fat and 37 peak for buffalo milk fat and the yoghurt made from it, as well as (Tables 1,2,3) explain the percentages for fatty acids in the fat of cows and buffalo milk, as well as yoghurt fat made from the buffalo milk respectively. The results showed presence of saturated fatty acids, unsaturated fatty acids, cyclic fatty acids, methylated fatty acids and branched fatty

acids, but there is a clear difference in these percentages. As compare the fatty acids in the fat of cows and buffalo milk, the latter contains fatty acids that having a biological, medicinal, processing and nutritional importance more than cows milk, such as 8-Octadecenoic acid, which is responsible of showing the unique flavor for the product, as well as contribute to ease the digestion process and provide the body with energy directly, instead of stored in the adipose tissues and forms a ratio of 18.26% higher than its percentage in cows milk which equal to (14.6%)¹³.

The fat of buffalo milk also contains fatty acids in a very low rates but it having a biological importance, including the fatty acid 10,13-Octadecadienoic acid with ratio of 1.46% and not exists primarily in the fat of cows milk, which has the capacity to inhibition some cancerous tumors, through its work as antioxidant, as well as its ability to reduce the risk of suffering from atherosclerosis¹⁴. The fat of buffalo milk contains too the fatty acid Nonadecanoic acid and not exists in the fat of cows milk.

Notice from the table increasing a percentage of the conjugated fatty acid Methyl Cis9 trans11 Octadecadienoic acid from 1.03% in the fat of cows milk to 3.12% in the yoghurt and from 1.43% in the fat of buffalo milk to 5.67% in the yoghurt. Also found that conjugated linoleic acid (CLA) plays an important role in reducing the level of glucose in blood because of decreasing the fatty acids in the liver, fats, and triglycerides and thereby reduce the obesity causing in reducing the risk of diabetes¹⁵.

The long chain unsaturated fatty acids boost the nervous system, while the short chain unsaturated fatty acids having an importance in the growth of neurons, either the medium length chain unsaturated fatty acids are important in a differentiation of neurons, these acids were diagnosed in the fat of buffalo milk¹⁶.

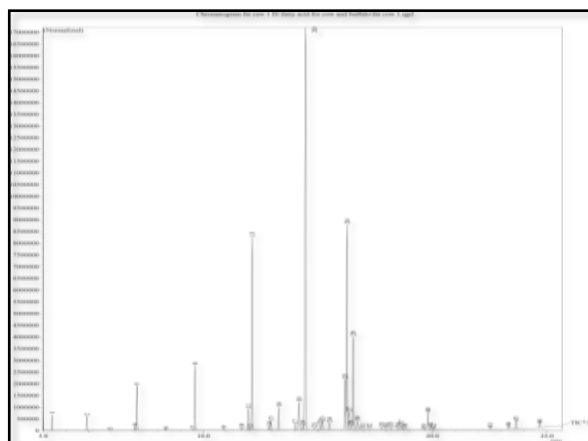


Fig. 1: Chromatogram of the fatty acids for milk fat of Iraqi cow diagnosing by GC-MS

Table 1:Percentage of the fatty acids for milk fat of Iraqi cow diagnosing by GC-MS.

Peak	R.Time	Name	Area%
1	3.392	Hexanoic acid, methyl ester	0.53
2	4.913	Octanoic acid, methyl ester	0.63
4	6.994	4-Decenoic acid, methyl ester	0.22
5	7.096	Decanoic acid, methyl ester	2.37
6	8.350	Undecanoic acid, methyl ester	0.06
7	9.549	cis-5-Dodecenoic acid, methyl ester	0.12
8	9.634	Dodecanoic acid, methyl ester	3.81
9	10.891	Tridecanoic acid, methyl ester	0.13
10	11.667	Methyl 12-methyl-tridecanoate	0.09
11	11.953	Methyl myristoleate	1.35
13	12.132	Methyl tetradecanoate	2.84
15	12.949	Tridecanoic acid, 12-methyl-, methyl ester	0.52
16	13.291	Pentadecanoic acid, methyl ester	1.41
17	14.007	Hexadecanoic acid, methyl ester	0.38
18	14.172	9-Hexadecenoic acid, methyl ester, (Z)-	2.16
19	14.350	11-Hexadecenoic acid, methyl ester	0.37
20	14.468	Hexadecanoic acid, methyl ester	38.03
23	15.191	Hexadecanoic acid, 14-methyl-, methyl ester	0.75
24	15.499	Heptadecanoic acid, methyl ester	0.48
25	16.187	9,12-Octadecadienoic acid (Z,Z)-, methyl ester	3.74
26	16.275	8-Octadecenoic acid, methyl ester	14.60
27	16.366	9-Octadecenoic acid (Z)-, methyl ester	1.89
28	16.433	trans-13-Octadecenoic acid, methyl ester	0.34
29	16.545	Octadecanoic acid, methyl ester	6.46
32	17.245	Methyl 9,10-methylene-octadecanoate	0.08
33	17.782	5,8,11,14-Eicosatetraenoic acid, methyl ester, (all-Z)-	0.18
34	17.971	Methyl 10,13,16-docosatrienoate	0.13
35	18.187	cis-11-Eicosenoic acid, methyl ester	0.25
36	18.485	Methyl 18-methylnonadecanoate	0.17
39	19.625	cis-7,10,13,16-Docosatetraenoic acid, methyl ester	0.06

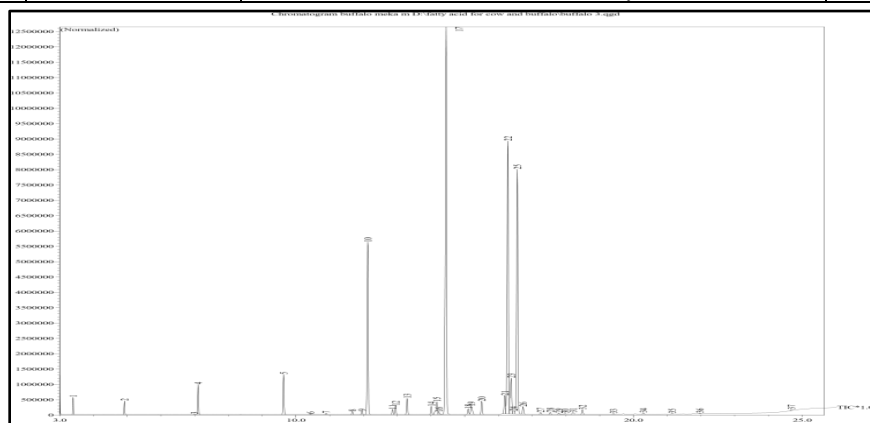


Fig. 2:Chromatogram of the fatty acids for milk fat of Iraqi buffalo diagnosing by G

Table 2:Percentage of the fatty acids for milk fat of Iraqi buffalo diagnosing by GC-MS

Peak	R.Time	Name	Area%
1	3.395	Hexanoic acid, methyl ester	0.66
2	4.916	Octanoic acid, methyl ester	0.56
4	7.099	Decanoic acid, methyl ester	1.59
5	9.634	Dodecanoic acid, methyl ester	2.40
7	10.894	Tridecanoic acid, methyl ester	0.08
8	11.671	Methyl 12-methyl-tridecanoate	0.20
9	11.955	Methyl myristoleate	0.21
10	12.128	Methyl tetradecanoate	11.59
12	12.951	Tridecanoic acid, 12-methyl-, methyl ester	0.58
13	13.293	Pentadecanoic acid, methyl ester	1.05
14	14.008	Hexadecanoic acid, methyl ester	0.54
15	14.174	9-Hexadecenoic acid, methyl ester, (Z)-	1.11
17	14.451	Hexadecanoic acid, methyl ester	30.26

18	15.106	Heptadecanoic acid, methyl ester	0.38
19	15.194	Hexadecanoic acid, 14-methyl-, methyl ester	0.77
20	15.503	Heptadecanoic acid, methyl ester	0.89
21	16.188	10,13-Octadecadienoic acid, methyl ester	1.46
22	16.280	8-Octadecenoic acid, methyl ester	21.51
23	16.375	9-Octadecenoic acid (Z)-, methyl ester	3.19
24	16.450	13-Octadecenoic acid, methyl ester	0.27
25	16.560	Octadecanoic acid, methyl ester	18.26
26	16.729	Methyl 10-trans,12-cis-octadecadienoate	0.52
27	17.247	cis-10-Nonadecenoic acid, methyl ester	0.13
28	17.534	Nonadecanoic acid, methyl ester	0.15
29	17.787	5,8,11,14-Eicosatetraenoic acid, methyl ester, (all-Z)-	0.09
30	17.977	Methyl 10,13,16-docosatrenoate	0.05
31	18.209	cis-11-Eicosenoic acid, methyl ester	0.17
32	18.488	Methyl 18-methylnonadecanoate	0.36
33	19.406	Heneicosanoic acid, methyl ester	0.06
34	20.292	Methyl 20-methyl-heneicosanoate	0.10
35	21.147	Methyl 20-methyl-docosanoate	0.05
36	21.969	Tetracosanoic acid, methyl ester	0.06

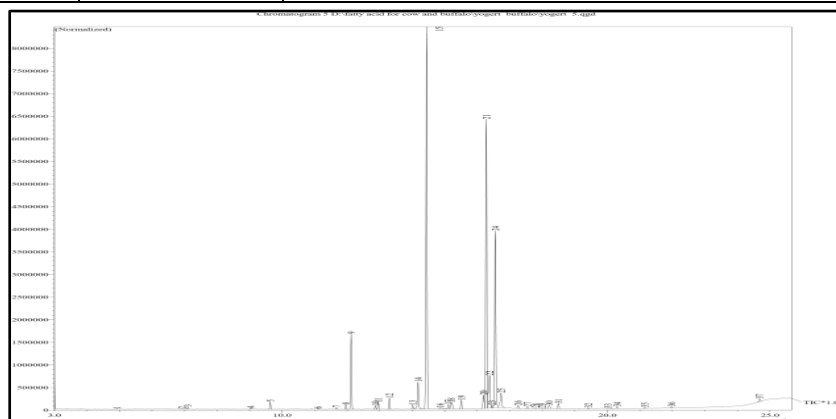


Fig. 3:Chromatogram of yoghurt content from buffalo milk fat diagnosing by GC-MS

Table 3:Percentage of yoghurt content from buffalo milk fat diagnosing by GC-MS

Peak	R.Time	Name	Area%
3	7.102	Decanoic acid, methyl ester	0.17
5	9.636	Dodecanoic acid, methyl ester	0.54
7	11.675	Methyl 12-methyl-tridecanoate	0.12
8	11.960	Methyl myristoleate	0.38
9	12.125	Methyl tetradecanoate	5.84
10	12.868	Pentadecanoic acid, methyl ester	0.30
11	12.958	Tridecanoic acid, 12-methyl-, methyl ester	0.58
12	13.300	Pentadecanoic acid, methyl ester	0.90
14	14.181	9-Hexadecenoic acid, methyl ester, (Z)-	2.55
15	14.448	Hexadecanoic acid, methyl ester	33.64
18	15.200	Hexadecanoic acid, 14-methyl-, methyl ester	0.85
19	15.510	Heptadecanoic acid, methyl ester	0.73
20	16.193	10,13-Octadecadienoic acid, methyl ester	1.38
21	16.280	8-Octadecenoic acid, methyl ester	26.33
22	16.379	9-Octadecenoic acid (Z)-, methyl ester	3.93
23	16.453	Methyl 13-octadecenoate	0.31
24	16.556	Octadecanoic acid, methyl ester	15.95
25	16.734	9,12-Octadecadienoic acid (Z,Z)-, methyl ester	1.93
26	17.254	cis-10-Nonadecenoic acid, methyl ester	0.29
27	17.541	Nonadecanoic acid, methyl ester	0.18
28	17.794	5,8,11,14-Eicosatetraenoic acid, methyl ester, (all-Z)-	0.05
29	17.986	Methyl 8,11,14-eicosatrienoate	0.06
30	18.210	Methyl 11-eicosenoate	0.36
31	18.497	Methyl 18-methylnonadecanoate	0.47

32	19.414	Heneicosanoic acid, methyl ester	0.10
36	21.973	Tetracosanoic acid, methyl ester	0.13

Total Content of Conjugated Linoleic Acid (CLA):

Explain(Fig. 4) the total content of conjugated linoleic acid (CLA) in cows and buffalo milk, the results show a higher content of CLA was found at a period of incubation of 30 minute in both type of milk, and reached to 270 and 312 µg/gm respectively after 30 minute of incubation, then began to lowering at 40 and 50 minute of incubation, but buffalo milk was the highest content of CLA compare with cows milk. An increasing the content of CLA in the yoghurt may be attribute to a presence of linoleic acid isomerase which convert linoleic acid to conjugated linoleic acid¹⁷.

The results of the statistical analysis showed superiority the period of 30 minute of incubation significantly in its total content of CLA compare with the rest incubation periods, also the fat of buffalo milk was superior significantly on the fat of cows milk in all periods of incubation at level of p<0.05, one of the important factors in increasing the concentration of CLA in buffalo milk was the high proportion of fat in the buffalo milk, as well as the effect of the nutrition of animal¹⁸.

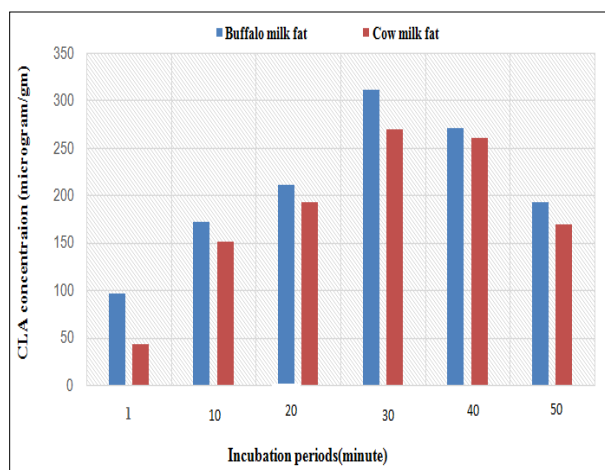


Fig. 4: CLA concentration (µg/gm) in in cow and buffalo milk fat

An Antioxidant Activity in Milk:

The results of the measurement for an antioxidant activity in fat samples of cows and buffalo milk showing in (Fig.5) treated by linoleic acid isomerase with different concentrations, the results showed superiority the fat of buffalo milk significantly on the fat of cows milk at level of p<0.05, but BHT showed higher activity compared with the other samples being its a pure compound in all concentrations, while the higher activity at 40 and 50 µg/gm was found not significantly. An antioxidant activity for fat milk attribute to contain CLA a particular buffalo milk fat as shown in table (4). CLA works on keeping and absorb some of the

encouraging elements of oxidation such as Fe and Zn and others, and sprinkling of free radicals and thereby inhibition the antioxidant activity of fats in the foods¹⁹.

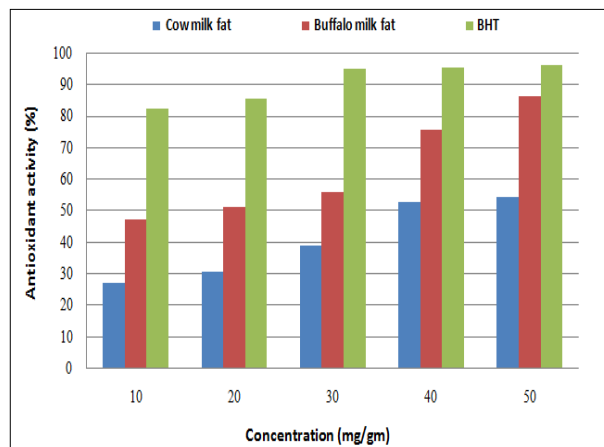


Fig. 5:Antioxidant activity (%) in cow and buffalo milk fat compared with BHT

Ability of Linking Ferrous Ion:

Showing (Fig. 6) the percentages for ability the fat of cows and buffalo milk to linking ferrous ion compared with EDTA, the results showed the superiority of buffalo milk fat with higher ability in linking ferrous ion compared with cows in all concentration, its susceptibility due to a higher containing of CLA. Statistically found strong positive correlation between the values of antioxidant activity and ability of linking ferrous ion to the value of the correlation coefficient for cows milk fat R² = 0.911 and R² = 0.949 in buffalo milk fat, that means the antioxidants compounds in the fat of the CLA has the ability to link the metal components causing of fat oxidation especially ferrous ion.

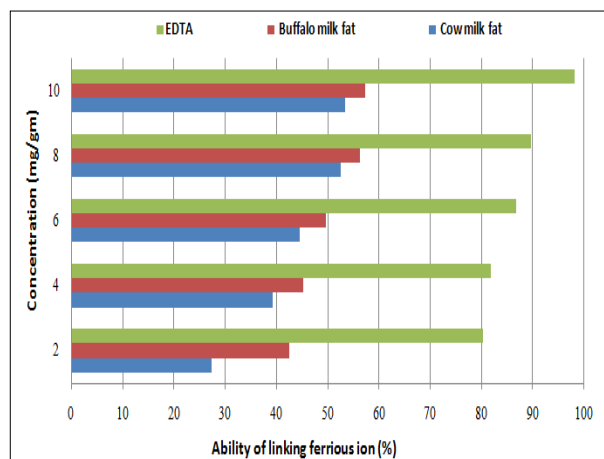


Fig. 6:Ability of linking ferrous ion(%) in cow and buffalo milk fat compared with EDTA

The Ability of Capture Hydrogen Peroxide:

The (Fig. 7) shows the ability of buffalo milk fat of capture hydrogen peroxide to link ferrous ion comparison with ascorbic acid, the results showed the superiority of buffalo milk fat in a higher capture hydrogen peroxide compared with cows in all concentration. Statistically found strong positive correlation between the values of antioxidant activity and ability of capture hydrogen peroxide, the value of the correlation coefficient for cows milk fat was $R^2 = 0.954$ and $R^2 = 0.976$ in buffalo milk fat, that means the antioxidant compounds in the fat of the CLA has the ability to block off the oxygen and prevent a series of free radicals and thus stopping the production of peroxides.

Hydrogen peroxide is one of the types of interactions oxygen which attack cell membranes such as fatty membranes which leads to many healthy disorders and thus have a positive impact antioxidants to protect the human body from disorders that occur through interactions oxygen²⁰.

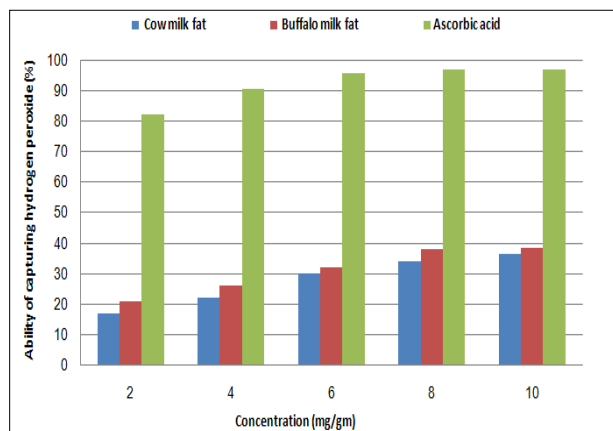


Fig. 7: Ability of capturing hydrogen peroxide (%) in cow and buffalo milk fat

The Measurement of Reductionist Force:

The (Fig. 8) explained the reductionist force for the vital compounds in milk fat of cows and buffalo in a comparison with BHT, it is clearly from the results exceeding the reductionist force with increasing of concentration and superiority of buffalo milk fat in its reductionist force on cows milk fat. It was shown from the results of the statistical analysis presence of significant differences between the concentration used and the samples under discussion. The reason for the increase in the force may be due to the ability of the reductionist antioxidant compounds to reduce ferric ion to ferrous ion this resembles the work of the BHT through the reduction of the Fe^{+3} to Fe^{+2} (Perenlei *et al.*, 2011). Also shown statistically strong positive correlation between the measurement of reductionist force and the values of the antioxidant activity, the value of the correlation coefficient for cows milk fat

$R^2 = 0.894$ and $R^2 = 0.921$ in buffalo milk fat, That means the antioxidant compounds in the fat of the CLA has the capacity to reduce ferric ion to ferrous ion.

Reduced the antioxidant compounds ferric ion in complexity potassium ferricyanide $[K_3Fe(CN)_6]$ to ferrous ion in the interaction of the reductionist force therefore, the change of yellow to green or dark blue to be the result of a reductionist force for the antioxidant compounds or the presence of ferrous ion which features in dark blue color. The test of the reductionist force is a quantitative or semi-quantitative method to estimate the amount of the antioxidant compounds by its few concentration that participate in extinguishing free radicals or their ability to grant hydrogen as well as the number and location of the hydroxyl radicals have a role in the increase of reductionist force and thus increase the activity of reductionist antioxidants²¹.

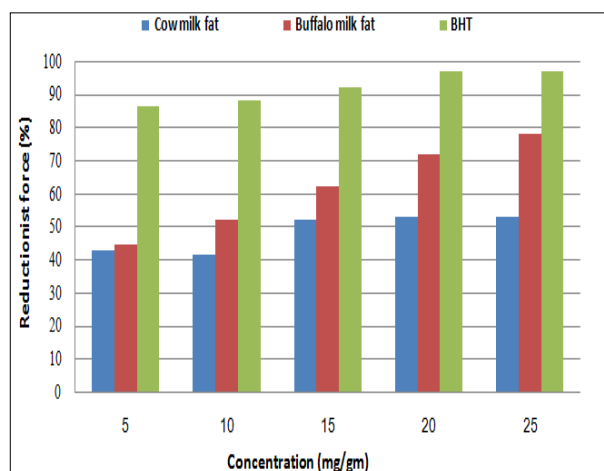


Fig. 8: Reductionist force (%) in cow and buffalo milk fat

REFERENCES:

- Brijesha, N.; Aparna, H. S. (2017). Buffalo (*Bubalus bubalis*) colostrum and milk fat globule membrane fractions are potent antioxidants. Journal of Applied Biology & Biotechnology Vol. 5 (02), pp. 089-093.
- Aydin, R. (2005). Conjugated linoleic acid chemical structure, sources and biological properties. J. Turk. Vet. Anim. Sci., 2: 189 – 195.
- Abu-Gazaleh, A. A.; Schingoethe, D. J.; Hippen, R. J. and Whitlock, L. A. (2002). Feeding fish meal and extracted soybean enhanced the conjugated linoleic acid (CLA) content of milk. J. Dairy Sci., 85: 624-631.
- Dhiman, T. R.; Nam, S. H. and Ure, A. L. (2005). Factors effecting conjugated linoleic acid content in milk and meat. Critical Review in food science and nutrition, 45 (6): 463 – 482.
- Rodrigues, L. M.; Braga, T.; Malcata, F. X.; Gomes, A. and Fontecha, J. (2010). Quantitative and qualitative determination of CLA production *Bifidobacterium* and lactic acid bacteria by combining spectrophotometric and Ag^+ - HPLC techniques. Food Chem., 125: 1272 – 1378.
- A.O.A.C (1975). Official methods of analysis association of official analytical chemist. 13th, Washington, D. C., USA.
- Colakoglu, H. and Gursoy, O. (2011). Effect of lactic adjusted culture on conjugated linoleic acid concentration of yoghurt. J. Food Agric. And Environ. 9(1): 60 – 64.

8. Gjorgievski, N.; Tomovska, J.; Dimitrovska, G. Makarijoski, B. and Shariati, M. (2016). Determination of the antioxidant activity in yoghurt. *J. Hygienic Eng. and design*, 15(2): 88 – 92.
9. Gülcin, I.; Oktay, M.; Kerecz, E. and Kúfrevioğlu, O.(2003).Screening of antioxidant and antimicrobial activities of anise (*Pimpinella anisum* L.) seed extracts. *Food Chemistry*, 83:371-382.
10. Türkoğlu, S.; Çelik, S.; Türkoğlu, D.; Çakılcıoğlu, U. and Bahsi, M. (2010). Determination of the antioxidant properties of ethanol and water extracts from different parts of *Teucrium parviflorum* Schreber. *African Journal of Biotechnology*, 9(40):6797-6805.
11. Cheng, H. (2010). Volatile from compounds in yoghurt. *Critical reviews in food science and nutrition*, 50: 938 – 950.
12. SPSS (2012). Statistical packages of social sciences. Version (21). USA .
13. Lindmark-Mansson, H. and Akesson, B. (2000). Antioxidative factors in milk. *British J. Nutr.*, 84(1): 103 – 110.
14. Park, Y.W.(2001).Proteolysis and Lipolysis of goat milk cheese. *The American Dairy Science Association* , Vol. 84 , E. Suppl.
15. Ryder, I. W. ; Porto-CArtero, C. P. ; Song, X. M. ; Cui, L. ; Yu, M. ; Combatsiaris, T. ; Galuska, D. ; Bauman, D. E. ; Barbano, D. M. ; Charron, M. I. ; Zierath, I. R. and Housekencnt, K. L. (2001). Isomer specific antidiuretic properties of conjugated linoleic acid : Improved glucose tolerance, skeletal muscle insulin action and UCP-2 gene expression . *J. Am. Diabetes Assoc.*, 50: 1149 – 1157 .
16. Vidu,L. ; Livia, S. and Vasile ,V.(2015) . The content of minerals and fatty acids in buffalo milk. *Romanian Biotechnological Letters*, Vol. 20, No.1
17. Darani, K. K. ; Reihani, F. S. and Feili, R. (2014). Bio-production of Conjugated Linoleic Acid in Yoghurt by Probiotic Bacteria. *J. Int. Biotechnol.*, 3: 62-68.
18. Peşmen,G.(2016). The conjugated linoleic acid (CLA) contents of various milk and dairy products and affecting factors. *International Journal of Innovative Research in Science, Engineering and Technology*.Vol.(5) , No.(12).
19. Roberto, W. G.; Gordon, M. H. and Walker, A. F. (2008). Effects of enhanced consumption of fruit and vegetables on plasma antioxidant status and oxidative resistance of LDL in smokers supplemented with fish oil.*Eur. J. Clin. Nutr.*,57: 1303-1310.
20. Moskovitz, J.; Yim,K.A. and Choke,P.B.(2002). Free radicals and disease .*Arch.Biochem.Biophys.*,397:354-359.
21. Paul, R. and Ghosh, U. (2011). Effect of thermal on ascorbic acid content pomegranate juice. *Indian J. of Biotechnology*, 11: 309– 313.