



## **Production of Functional Soft Cheese and Studying its Chemical and Sensory Evaluation Properties**

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**Abstract:** This study design to produce of functional cheese by these parameters: (A) control using raw bovine milk (without any additive), (B) Al-mudhish skim milk powder, (C) Landoz skim milk powder, (D) Regiliat skim milk powder, (E) Spray skimmed milk and 2% inulin and 2% modified starch were added to skim milk powder. The evaluation of chemical tests were performed including estimating moisture, protein, fat, carbohydrates, ash, total acidity percentage and pH, and sensory evaluation properties during refrigerated storage at the periods (1, 7, 14, 21 and 28) days. The results showed that the functional soft cheese from Landoz milk powder with (2% inulin and 2% modified starch) was have a higher percent of moisture and carbohydrates during the last period of storage (28) days compared to the control. The production of soft cheese by using Landoz milk powder with a mixture of prebiotic and probiotic has got the highest sensory features.

**Keywords:** Skim milk, Functional food, Probiotics.

### **Introduction**

Liquid milk is one of the basic requirements to make cheese. Bovine milk is considered a perfect source for many proteins that are necessary for the human body. Therefore, bovine milk is considered the main product in the world. Since its production participates by around 85-90% from the total global production and most of the biological effects of the active peptides in milk have a positive effect on general health. Milk is considered natural semi-integrated food material due it consists of most of the necessary nutritional compounds (Dziuba & Dziuba, 2014; Balthazar *et al.*, 2017). Due of the fluctuation in fresh milk production, its shortage in many countries including Iraq and in addition to the expectation of the World Health Organization

of the increase of demand for milk by 25% in 2025 (Muehlhof *et al.*, 2013).

Milk Powder has become an essential part of dairy products manufacturing and spray drying has a big role in this. By evaporating the milk until dryness, so that solid fine materials in milk molecules are concentrated. So it has become easier to transfer and increased its shelf life. In addition to the various uses of powdered milk in a large number of applications compared to liquid milk such as being a fermented dairy products. Al-samahi *et al.* (2011) explained that the spray drying method is used to dry milk, eggs, some liquid, and semi-liquid food so that the material becomes powdered particles. Soft cheese was produced from

concentrating the total solid material from the reconstructed milk and by adding Calcium Chloride 0.02%; purified culture of therapeutic bacteria mixture (Olivera *et al.*, 2012). The modified starch role is a basic requirement for the growth of the therapeutic bacteria *Lactobacillus* and *Bifidobacteria* (Charalopoulos *et al.*, 2002).

So, this study was aimed to produce functional soft cheese with the probiotic bacteria mixture *Lactobacillus acidophilus* and *Bifidobacterium animalis* by adding mixture prebiotic Inulin and, modified starch.

## Materials & Methods

### Materials

Functional soft cheese formulation were prepared by using the following reconstructed milk 12%. Raw milk and type of milk powder, which are available in the local market, were used [Al-mudhish (Omani brand), Landoz (Holland brand), Regiliat (French brand) and Spray (Ireland brand)] within the validity period. By using a method described by Al-Dahan (1983) with some modification, reconstructed milk 12%, prebiotics (Inlin 2%) and Modified starch (2%) and the mixture was added to the milk and treated thermally at 63°C for 30 min and was left to cool down to 31°C, then the therapeutic starter 2% was added, followed by adding the microbial Meito rennet 1% which was supplied by the Japanese company Meito SANGYO CO. LTD. Then the curd was cut and the whey was drained. 2% salt was added followed by compressing, filling and cool storage for (1, 7, 14, 21 and 28) days.

### Experimental and statistical analysis

Chemical tests were performed at the used milk as mentioned before (Lacto flash) (Table 1) and the functional cheese which have

included moisture (Abd El-Salam, 2015) fat (Gerber method, Hussien *et al.*, 2016), protein (Abdulahdei *et al.*, 2017), carbohydrates (Abd El-Salam, 2015), ash, acidity, and pH value estimated using the method described by Hussien *et al.* (2016) through dipping the electrodes directly in the milk.

### Statistical analysis

The studied parameters were done by using Complete Randomized Design (CRD) to analyse the inspected parameters, their effects on the different qualities, comparing the significant differences between the average values and choosing the least difference ( $P < 0.05$ ) by using a premade program (LSD).

### Sensory evaluation

Sensory evaluation for the treated cheese product was performed by the professors and students of the post-graduate study in the food science department of University of Basrah and the staff of research and development of Abu Ghareeb dairy company in Baghdad for the days 1, 7, 14, 21 and 28 of storage. Ten-degree scale was used for every sensory quality which has included colour, flavour, texture, taste, and appearance. Degree (5) was the boundary between acceptance and rejection of the quality.

## Results & Discussion

### The chemical analysis composition of milk

It was noticed from the (Table 1) which represent the chemical analysis of the used milk for manufacturing, the existence of significant differences in the structure of the prepared milk for cheese manufacturing with the parameters (A, B, C, D and E) represented by the percent of the moisture, protein, fat, carbohydrates, pH value and acidic titration. The moisture percent was high which can be attributed to the quality of used milk for

manufacturing or the breed of the animal and its nutrition and manufacturing conditions.

The results of the chemical analysis were compatible with the results of Ibrahim & Doosh (2016), where the moisture was 90.2%, titratable acidity 0.16 and protein (3.25%) which is considered within the normal range as well as with what Abdulahdei *et al.* (2017) found. The protein was 3.3%, acidic titration 0.16, and moisture percentage 90.4% for the sorted milk. The reason for high moisture percent was the lack of total solid materials

due to the reduction of fat and the results of Visser (1991) have shown the same thing. He pointed out that the role of fat reduction will lead to increasing the moisture content for the manufactured Cheddar from sorted milk. This can be explained due to an increase in the susceptibility of the protein in the powdered milk to connect with water. In addition to the changes in like nature of the protein as a result of drying processes, which also inhibits the enzymes that add thermal stability to the milk and concentrate the sorted milk by 9-50% weight/weight as a solid material.

**Table (1): Chemical parameter for type of milk powder \*.**

Type Milk	Chemical content	Moisture %	Protein %	Fat %	Carbohydrates %	Acidic titration	pH
Control A		88.7	3.3	3.0	5.0	0.15	6.3
Al-mudhish B		90.2	3.6	0.1	4.5	0.16	6.3
Landoz C		89.2	3.8	0.1	5.8	0.16	6.4
Regiliat D		87.7	4.7	0.1	7.0	0.15	6.3
Spray E		89.1	4.0	0.1	6.0	0.16	6.3

\*Three repetition rate.

### Moisture

The results from the table (2) have shown a decrease in the moisture content during the storage period due to evaporating processes and a decrease in the pH value which is compatible with what were found by and Hana *et al.* (2007), Al-sharaji (2009) and Al-sarayi (2017). Those studies have indicated with the decrease in the moisture content during the storage period which is consistent with what was found by Sabikhi *et al.* (2014) that the moisture content has decreased while

manufacturing mature aging cheese due to evaporation during the aging process. In addition to an increase in the amount of Lactic acid due to starter bacteria and prebiotic stimulant activities and decrease in the pH value during the aging process. In the processing of the soft cheese with inulin and modified starch mixture additive, a higher moisture rate was recorded compared to the control parameter which contains no additive due to the susceptibility of the aqueous colloids including inulin to bind with water,

since hydroxyel (OH) in its composition have a role in increasing its ability to bind in water compared to the control parameter which contains no additive, this was noticed by Yahyavi & Kalajahi (2014) where the additive inulin in the produced vita cheese from the sorted milk has led to increasing in the moisture content in the control cheese.

While Dantas *et al.* (2016) have indicated the reason of the decrease in the moisture content in the manufactured soft cheese sample using *L. casei Zhang* probiotic stimulant due to the decrease in the pH value and the increase in the titration acidity as a result of bio-stimulant bacteria activity and the consumption of the left out lactic sugar.

**Table (2): Moisture percent (%) of functional soft cheese which produced from type of milk powder during storage for 28 day.**

Type of milk	Moisture (%)				
	1	7	14	21	28
A. Control parameter	63.63±0.26a	63.60±0.32a	63.57±1.06a	63.00±0.31a	62.00±0.91b
B. Al-mudhish 2%inulin	63.72±0.43a	63.70±0.50a	63.50±3.23a	62.50±1.54a	62.00±3.87a
Al-mudhish 2%modified starch	68.90±4.94a	68.71±0.23a	68.67±1.11a	68.50±1.27a	67.00±1.19a
Almudhish 2% inulin 2%modified starch	62.00±2.38a	61.50±3.69a	61.00±1.92a	60.00±0.20a	59.00±3.63a
C. Landoz 2% inulin	69.20±0.01a	69.00±4.60a	68.40±3.15a	67.00±4.74a	66.00±1.64a
Landoz 2%modified starch	65.47±0.19a	65.20±0.81a	65.00±1.09a	64.00±0.89a	63.50±0.37b
Landoz 2% inulin 2%modified starch	69.43±0.92a	69.11±1.54a	69.00±0.43a	68.00±0.63a	68.00±0.29a
D. Regiliat 2% inulin	63.25±4.12a	63.23±3.93a	63.07±3.46a	61.67±4.96a	61.13±4.26a
Regiliat 2%modified starch	63.18±4.83a	63.00±4.69a	63.00±1.3a	63.00±3.75a	62.11±0.88a
Regiliat 2% inulin and modified starch	63.00±0.46a	63.00±0.38a	63.00±0.78a	62.00±0.91b	62.00±0.49b
E. Spray 2% inulin	63.25±0.53a	63.20±2.02a	63.07±1.85a	62.81±0.32a	62.00±4.30a
Spray 2%modified starch	63.21±3.81a	63.17±4.34a	63.00±1.54a	61.81±0.30a	61.00±2.21a
Spray 2% inulin 2%modified starch	63.21±1.61a	63.15±0.65a	63.00±4.49a	62.00±0.36a	62.00±1.01a

a, b: Different letters within the same column indicates to the distinguished differences between the parameters by distinguishable

It was noticed that the loss rate in the moisture content in the samples manufactured using milk (Regiliat and Spray) is higher than the other samples due to the increase in the acidity and decrease in the pH value which decrease in the moisture content led to sensory changes on the level (P<0.05) in the

led to the decrease in the moisture. In addition, the moisture content is inversely proportional with duration of aging. Even so, the moisture rate has stayed within the range specified by the Iraqi standard quality. The

other solid content and gradually in the protein, fat, salt and ash content.

**Protein**

Table (3) explains the percentage of protein in control cheese transactions that exceeded other cheese transactions adding fat replacements (Inulin and modified starch) have made the protein the dominant part among the total solid materials. It can be noticed from the statistical analysis the existence of distinguishable differences ( $P < 0.05$ ) and it couldn't be noticed the existence of such differences in protein percentage among the parameters with Inulin after manufacturing immediately. This can be

justified due to the ability of Inulin to bond with water, hence increasing the moisture content and decreasing the total solid materials including protein and this is compatible with what Yahyavi & Kalajahi (2014) found. The effect of adding Inulin was noticed by noticing the decrease in the protein percentage in low fat vita cheese. While Hussien *et al.* (2016) found an increase in the rate of protein when Monterey cheese was manufactured without the use of bio-stimulant strains mixture due to the decrease in the moisture content during the aging period

**Table (3): Protein percent (%) of functional soft cheese which produced from type of milk powder.**

Type of milk	Protein (%)				
	1	7	14	21	28
A. Control parameter	18.20±2.19a	18.80±1.87a	18.81±1.68a	19.00±1.89a	20.01±2.15a
B. Al-mudhish 2%Inulin	19.61±1.67a	22.61±1.87a	23.15±1.69a	23.30±1.12a	23.45±2.06a
Al-mudhish 2%modified starch	19.10±1.71a	19.77±2.10a	20.07±1.64a	20.32±2.04a	21.32±1.79a
Almudhish 2% Inulin 2%modified starch	18.17±2.01a	22.77a±2.21ab	23.98±1.98a	23.99±1.85a	24.00±1.75a
C.Landoz 2% Inulin	18.98±1.99a	19.00±1.88a	19.27±2.08a	20.50±1.60a	21.50±2.18a
Landoz 2%modified starch	18.17±1.97a	19.07±1.75b	20.00±1.83a	21.53±1.62a	22.00±1.75a
Landoz 2% Inulin 2%modified starch	18.27±1.63a	18.90±2.01a	19.00±1.85a	19.05±1.60a	20.00±1.65a
D.Regiliat 2% inulin	15.92±1.73a	22,25±2.09a	22.42±1.65a	23.03±1.90a	23.50±1.81a
Regiliat 2%modified starch	22.29±1.76a	22.44±1.90a	23.07±1.66a	23.50±2.17a	20.55±2.00a
Regiliat 2% inulin 2%modified starch	23.20±1.83a	24.00±1.76a	24.20±1.68a	24.50±1.70a	24.30±1.84a
E. Spray 2% inulin	22.22±1.92a	22.25±2.16a	22.29±1.87a	22.77±1.67a	23.18±1.92a
Spray 2%modified starch	22.22±1.82a	22.26±1.79a	23.05±2.09a	23.50±1.72a	23.70±1.74a
Spray 2% Inulin 2%modified starch	22.22±1.97a	22.25±2.21a	23.00±1.89a	23.40±2.07a	23.50±2.14a

a and b: Different letters within the same column indicates to the distinguished differences between the parameters by distinguishable a and b:

Bergamini *et al.* (2006) have explained that *L. acidophilus* bacteria have an effect on secondary protein degradation by increasing the low weight molecular compounds like the peptides and free amino acids which depend on the used bio-stimulant strains during manufacturing and the type of the produced cheese. While Olivera *et al.* (2012) have indicated the increase in the rate of degradation of protein in the therapeutic cheese was due to the use of mixed cultures of bio-stimulant strains that produce enzymes which act on increasing the rate of degradation of protein, hence increasing the peptides and free fatty acids. The parameters with added prebiotic (Inulin and modified starch) have had increase protein rate compared with the controlled parameter which can be explained on the basis on that substitution made the cheese mostly filled with protein, lactose, salts and a little percentage of fat.

### **Fat**

Table (4) explains the percentage of fat in control cheese transactions that exceeded other cheese transactions Inulin has added 2 % modified starch 2% as it stood at the end of the storage period (15.15%) for the treatment of control; for the rest of the transactions, cheese Almudhish, Landoz, Regiliat and Spray cheese were 2.99, 2.80, 2.23 and 2.00) % respectively for the same period. As well as the present results indicate are close to what AOAC (2016) found Ibrahim & Doos (2016). The same rate of addition to inulin, but it differed from what found for soft cheese, which amounted to 18.0 %. This difference is due to because

the milk used in the study was dried skim milk. The transactions of cheese varied by addition modified starch as it reached compared with the control treatment, but agreed with Ibrahim & Doosh (2016) when dealing with cheese Low fat by adding inulin, which is a substitute for fat as it occupies a large part of the volume of processed cheese and increases the concentration of solids, and also the results of the study agreed with what he showed Abd El- Salam (2015) by adding fat substitutes in soft, low-fat cheese, the fat percentage decreased in the resulting cheese compared to cheese control during the storage period, an increase in all treatments was observed in the percentage of fat.

### **Carbohydrate**

Table (5) shows the percentage of carbohydrates in cheese samples for control and cheese treatment with the addition of Inulin 2 % modified starch 2 % and mixture of inulin and modified starch 2 % which indicate the presence of significant differences in the first day of storage, as they were respectively for the control treatment 1.66% and due the cheese samples treatments produced from skim milk dried surprisingly, type Landoz, Regiliat, Spray for the same period by adding the mixture of prebiotics (13.93, 10.35, 11.83 and 16.59%) while varied in the last storage period to record values for the treatment of control which reached 0.94% with a significant difference from the rest of the treatments for the cheese mixture, which was respectively for the same types 8.97, 10.00 (9.7 and 10.71%).

**Table (4): Fat percent (%) of functional soft cheese which produced from type of milk powder.**

Milk type \ Period /day	Fat (%)				
	1	7	14	21	28
A. Control parameter	14.80±2.72a	15.13±2.15a	15.15±1.19a	15.15±3.19a	15.15±2.11a
B. Almudhish 2 %inulin	1.17±0.14a	1.77±0.18a	1.77±0.14a	2.52±0.11b	3.00±0.19c
Almudhish 2% modified starch	2.07±0.18a	2.13±0.23a	2.37±0.14a	2.50±0.20a	2.60±0.14ab
Almudhish 2% inulin 2%modified starch	2.00±0.19a	2.00±0.14a	2.13±0.13a	2.99±0.20b	2.99±0.11b
C.Landoz 2% inulin	1.31±0.12a	2.11±0.19a	2.50±0.14c	2.80±0.13b	2.55±0.16c
Landoz 2 % modified starch	.110 ±0.15a	.122±0.16a	.177a±0.11ab	1.94±0.15c	2.00±0.17c
Landoz 2 % inulin and %2 modified starch	.119±0.12a	.130±0.14a	.160±0.13ab	2.00a±0.15ab	2.00±0.18a
D.Regiliat 2% inulin	1.47±0.19a	1.51±0.16a	1.51±0.17a	2.00±0.20a	2.40±0.15ab
Regiliat 2% modified starch	1.52±0.12a	1.60±0.15a	2.00±0.13a	2.30±0.11a	2.33a±0.21a
Regiliat 2% inulin and %2 modified starch	2.00±0.11a	2.00±0.18a	2.20±0.17a	2.23±0.15a	2.50±0.16ab
E.Spray 2 % inulin	1.33±0.24a	1.40±0.14a	2.00±0.20a	2.00±0.12a	2.04±0.13a
Spray 2 % modified starch 2%	1.37±0.11a	1.40±0.12a	1.98±0.19b	2.24±0.18b	2.29±0.18b
Spray 2 % inulin and 2 % modified starch	1.40±0.12a	1.41±0.16a	2.24±0.18b	2.60±0.11b	2.80±0.14b

Different letters within a single column indicate that there are significant differences between transactions at a significant level ( $p < 0.05$ ).

In general, a significant decrease in all treatments is observed in the percentage of carbohydrates recorded and this decrease is attributed to the role of the activity of microorganisms in converting lactose sugar into lactic acid on the one hand The other side is the loss of part of the carbohydrate, with whey being clear during storage periods (McSweeny & Fox, 2013).

**Ash**

Table (6) reveals the per cent of ash content in the samples of processed cheeses, as they were in cheese treatment control at first and last day was 1.17 and 1.9 % respectively, and compared to cheese samples manufacturing with mixture prebiotic that were straight for milk cheese

samples, mudhish, landoz, regiliat, and spray was 1.34, 1.45, 1.33 and 1.24 % 1.24%) at the first day respectively, and it was 2.00, 2.50, 2.50 and 3.30% respectively these results indicate significant differences between the transactions at probability level ( $P < 0.05$ ). It increased in all transactions due to the rise in content ash to lower moisture content and progress for ripening increase the per cent of solid components conform to those results with the study of Ali *et al.* (2013) when manufacturing three models of cheese similar to ash of the per cent for all manufactured models attributing the reason of a loss in its moisture content as the stages of ripeness progress and between Abd El-Gawad & Ahmed (2011) that the reason for the continued decrease in the

moisture of waxed cheese It returns to evaporation during the ripening stages, which affects the balance of other components, including ash. The results of Ali *et al.* (2013) showed an increase in the ash content of cheese like an ashary the factory is laboratory tested using strains of biological enhancers *St. lactis* and *Bif. animals* as the

maturity progresses as a result of the loss in humidity and the increase in the percentage of solid components, Al-sarayi (2017) indicated The same results when making Monterey cheese. Results of the study agreed with Ibrahim & Doosh (2016) there are significant differences in the proportion of ash in the transactions.

**Table (5): Carbohydrate percent (%) of functional soft cheese which produced from type of milk powder.**

Milk type / period / day	Carbohydrates (%)				
	1	7	14	21	28
A. Control parameter	1.66±0.05b	0.72±0.08a	0.72±0.04a	0.1±0.02b	0.94±0.03b
B. Almudhish 2% inulin	13.94±1.00a	10.3±1.41a	9.96±1.37a	9.68±1.54a	9.55±1.34a
Almudhish2% modified starch	8.38±1.44a	7.79±0.99a	7.19±1.59a	6.38±1.23b	6.38±1.03b
Almudhish 2% inulin and2 % modified starch	16.59±2.18a	12.23±1.77a	11.29±1.10a	11.22±1.57a	10.71±1.08a
C.Landoz 2% inulin	9.27±1.18a	8.39±0.43a	8.28±1.82a	7.7±1.26b	6.65±1.08b
Landoz 2% modified starch	13.93±2.68a	13.02±1.01a	11.67±1.08a	10.33±0.95b	10.00±1.69b
Landoz 2% inulin and2% modified starch	9.88±1.37a	9.32±0.61a	8.90±1.48b	8.90±1.04b	7.41±1.40b
D. Regiliat 2% inulin	18.19±2.35a	11.41±1.76	11.4±1.31b	11.3±1.59b	10.72±1.69b
Regiliat 2% modified starch	10.78±1.28a	10.69±1.73a	9.65±1.38b	8.8±1.71a	7.51±1.15
Regiliat 2% inulin and 2% modified starch	10.35±1.32a	9.52±0.44a	9.11±1.80a	9.00±1.53a	8.97±1.44a
E. Spray 2% inulin	11.88±1.22	11.69±1.33a	11.18±1.74a	10.95±0.99a	10.6±1.00a
Spray 2% modified starch	11.85±1.20a	11.66±1.42a	10.62±1.30a	10.45±1.60a	10.41±0.95a
Spray 2% inulin and 2% modified starch	11.83±1.20a	11.69±1.42a	10.23±1.30a	10.00±1.60a	9.7±1.50a

Characters pain within a single column indicate that there are significant differences between transactions at a significant level (p <0.05)



**Table (6): Ash percent (%) of functional soft cheese which produced from type of milk powder.**

Milk type	Period / day	Ash (%)				
		1	7	14	21	28
A. Control parameter		1.71±0.14a	1.75±0.26a	1.75±0.14a	1.90±0.16a	1.90±0.15a
B. Almudhish 2% inulin		1.56±0.26a	1.62±0.18a	1.62±0.16a	2.00±0.28a	2.00±0.30a
Almudhish 2% modified starch		1.55±0.19a	1.60±0.21a	1.70±0.14a	2.30±0.27a	2.31±0.14b
Almudhish 2% inulin and 2% modified starch		1.24±0.30a	1.50±0.28a	1.60±0.31a	1.80±0.29a	3.30±0.22b
C. Landoz 2% inulin		1.24±0.19a	1.50±0.19a	1.55±0.20a	2.00±0.23a	3.30±0.18a
Landoz 2% modified starch		1.33±0.29a	1.49±0.25a	1.56±0.31a	2.20±0.31b	2.50±0.15b
Landoz 2% inulin and 2% modified starch		1.23±0.25a	1.37±0.30a	1.50±0.26a	2.40±0.32b	2.59±0.22b
D. Regiliat 2% inulin		1.17±0.14a	1.60±0.20a	1.60±0.21a	2.00±0.13ab	2.25±0.23b
Regiliat 2% modified starch		2.23±0.19a	2.27±0.15a	2.28±0.29a	2.40±0.14a	2.50±0.27a
Regiliat 2% inulin and 2% modified starch		1.45±0.16a	1.48±0.25a	1.49±0.22a	2.00±0.21b	2.50±0.14b
E. Spray 2% inulin		1.32±0.19a	1.46±0.15a	1.46±0.30b	1.47±0.15a	2.18±0.15a
Spray 2% modified starch		1.34±0.30a	1.51±0.25a	1.53±0.20a	2.00±0.28b	2.60±0.28b
Spray 2% inulin and 2% modified starch		1.34±0.28a	1.50±0.15a	1.53±0.14a	2.00±0.26b	2.00±0.15b

Characters pain within a single column indicate that there are significant differences between transactions at a significant level ( $p < 0.05$ ).

The modified starch 2% indicated El-Baz (2013) that the high ash content in these transactions is due to a role alternative fat additives as well as a decrease in the moisture content and the associated increase in the percent of substances solid which ash is one of its components, which is reflected in the increase in ash content

### pH

Table (7) displays the pH value of functional soft cheese samples made from milk powder as they reached first day highest value for

treatment cheese of Regiliat with mixture of prebiotic inulin and modified starch at 6.070 compared to the treatment of control cheese which reached at the same period 5.493 and the lower value was to the treatment of Landoz mixture of prebiotic inulin and modified starch at value 5.100 in the same period of storage, and from that we found that the pH value recorded a decrease in its values and the treatment recorded highest value 6.100 at the end day of storage to the samples of Spray with inulin adding, when the lower value was to the treatment of Almudhish by added inulin

5.000 compared to the control treatment at value 5.300 and the results of the statistical analysis which indicated that there were significant differences at the probability level ( $P < 0.05$ ) for cheese models and affected type, period of storage and interaction between the treatment, and the reasons for this are due to activity of initiator and bio stimulant bacteria, consumption of residual

lactose sugar, and high sorcery acidity. The reason for the gradual rise in the acidity as indicated by Al-sharaji *et al.* (2009) when making cheese Ripe Monterey with the ripening period, the remaining lactose sugar in cheese will be transformed into lactic acid by the lactic fermentation of the starter bacteria.

**Table (7): pH value percent (%) of functional soft cheese which produced from type of milk powder.**

Milk type	Period / day		pH value		
	1	7	14	21	28
A. Control parameter	5.493	5.300	5.300	5.200	5.097
B. Almudhish 2% inulin	5.483	5.200	5.130	5.080	5.000
Almudhish 2% modified starch	5.387	5.073	5.067	5.067	5.043
Almudhish 2% inulin and 2% modified starch	5.233	5.220	5.200	5.117	5.033
C. Landoz 2% inulin	5.483	5.413	5.167	5.100	5.087
Landoz 2% modified starch	5.370	5.200	5.130	5.110	5.100
Landoz 2% inulin and 2% modified starch	6.033	6.033	5.880	5.800	5.100
D. Regiliat 2% inulin	5.200	5.133	5.133	5.067	5.040
Regiliat 2% modified starch	6.067	6.000	6.000	5.867	5.833
Regiliat 2% inulin and 2% modified starch	6.133	6.070	5.967	5.900	5.870
E. Spray 2% inulin	6.100	6.033	5.900	5.880	5.660
Spray 2% modified starch	5.933	5.503	5.500	5.100	5.000
Spray 2% inulin and 2% modified starch	6.530	5.900	5.897	5.833	5.803
L.S.D	0.031				

The results of the study were consistent with the findings of Sabbagh *et al.* (2010) found that the cause of the rise the titratable acidity of ripening cheese is that it contains high numbers of bacteria boosters. As a result of the availability of nutrients in the cheese

environment, which consume lactose sugar and lactic acid production. The previous results were consistent with what Hussien *et al.* (2016) found during his making with and without Monterey Cheese. Using mixtures of strains of biological enhancers, the reasons for

that gradual decrease in the number were attributed pH to the persistence of lactic acid bacteria by consuming lactose sugar and esters and producing lactic acid and other organic acids. Xin *et al.* (2015) found pH decrease occurs with a progression ripening in ripe Cheddar cheese has been explained by the decrease in moisture and an increase in bacterial activity during ripening and consumption of lactose sugar remaining in cheese and the production of lactic acid. The pH values are experiencing a decrease in their values, during the storage periods, and the differences in these values are significant between control treatment and coefficients added inulin and axon starch, the first and last day were consecutive.

#### **Titrateable acidity**

Table (8) demonstrates the percent of titrateable acidity of processed cheese models as it reached the highest value (0.387) at the first day for treatment of control and Almudhish with modified starch, compared with a lower value 0.167 for treatment of Regiliat with a mixture of prebiotic inulin and modified starch. And at the end of period storage reached treatment of Spray with added mixture of prebiotic inulin and modified starch highest value 0.42 compared with the lower value 0.200 for Landoz with mixture added inulin and modified Starch compared with value 0.303 for control treatment at the same period of storage, respectively. The results of the statistical analysis showed significant differences at the probability level ( $P < 0.05$ ) of the model's cheese, the reasons for this are due to a decrease in the moisture content, as well as an

increase in the amount of lactic acid produced from the activity of the starter bacteria, the bio booster, and the decrease of the pH as the storage period progressed, results was agree with Al-sharaji *et al.* (2009) that found during his manufacture of ripe Monterrey cheese, indicating that the reason the gradual increase in the titrateable acidity with the progression of the ripening period is due to the transformation of the remaining lactose sugar in cheese to lactic acid, during the process of lactic fermentation of the initiator bacteria. And agree with Al-sarayi (2017) as the results indicated a gradual rise during the ripening stages of Monterrey cheese.

#### **Sensory Evaluation**

Table (9) explains that the functional soft cheese for the parameter of added 2% inulin and modified starch and mixture showed no differences in the first storage period and the 7<sup>th</sup> day, and from observing the values. The results refer that the best result were it found in a day 21 and 28 was parameter of the soft cheese mixture of Landoz milk powder with the control parameter, as these additives had a role in improving characteristics of flavour, texture, taste, colour and acceptability of the consumer, and describe the cheese in the preferred white colour at consumer, these results were inconsistent with Alnemr *et al.* (2013), when he referred to the deterioration of characteristics. The sensual cottage cheese is low in fat and free from fatty alternatives.

Additions changed the environment of cheese, during Industrialization and maturity, which affect the modification of pH values, heat and efficacy, water activity (Ganesan *et al.*, 2007).

**Table (8): The per cent of titrable acidity of functional soft cheese which produced from type of milk powder.**

Milk type	Period / day	Treatable acidity (%)				
		1	7	14	21	28
A. Control parameter		0.387	0.303	0.400	0.400	0.410
B. Almudhish 2% inulin		0.400	0.400	0.400	0.387	0.377
Almudhish2% modified starch		0.400	0.400	0.387	0.387	0.387
Almudhish 2% inulin and2 % modified starch		0.400	0.387	0.387	0.370	0.350
C.Landoz 2% inulin		0.400	0.400	0.387	0.383	0.333
Landoz 2% modified starch		4.00	4.00	0.387	0.387	0.380
Landoz 2% inulin and2% modified starch		0.200	0.200	0.190	0.140	0.130
D. Regiliat 2% inulin		0.400	0.387	0.380	0.360	0.360
Regiliat2% modified starch		0.387	0.373	0.360	0.360	0.360
Regiliat2%inulin and 2% modified starch		0.370	0.360	0.360	0.200	0.167
E.Spray2% inulin		0.370	0.370	0.370	0.360	0.360
Spray2% modified starch		0.400	0.400	0.390	0.370	0.363
Spray 2% inulin and 2% modified starch		0.420	0.400	0.400	0.390	0.383
L.S.D	0.028					

**Table (9): Sensory evaluation of functional soft cheese which produced from type of milk powder.**

Type of milk	Period/day	Sensor Characteristics					
		Colour 10	Flavor 10	Texture	Taste 10	acidity 10	Appearance 10
Control	1	4.00	4.00	5.33	5.33	5.00	6.00
	7	5.00	5.00	5.00	6.00	5.00	5.00
	14	5.00	5.00	5.00	5.00	5.00	5.00
	21	5.00	5.00	5.00	5.00	5.00	4.00
	28	5.00	5.00	5.00	5.00	5.00	4.00
Almudhish 2% inulin	1	7.00	7.00	6.00	6.00	5.00	5.00
	7	7.00	6.00	5.00	5.00	5.00	5.00
	14	6.00	6.00	5.00	5.00	5.00	5.00
	21	6.00	6.00	5.00	5.00	5.00	5.00
	28	6.00	5.00	5.00	5.00	5.00	4.00
Almudhish 2%modified starch	1	6.00	5.00	5.00	5.00	5.00	5.00
	7	6.00	5.00	5.00	5.00	5.00	5.00
	14	6.00	4.33	4.00	5.00	4.00	5.00
	21	6.00	5.00	4.00	5.00	4.00	5.00
	28	5.00	5.00	4.00	4.00	4.00	4.00
Almudhish2%inulin	1	6.00	6.00	6.00	5.00	5.00	5.00

and 2% modified starch	7	5.00	6.00	6.00	5.00	4.00	5.00
	14	5.00	5.00	5.00	5.00	5.00	5.00
	21	6.00	5.00	5.00	5.00	5.00	4.00
	28	6.00	5.00	5.00	5.00	4.00	4.00
Landoz 2% inulin	1	9.00	9.00	9.00	9.00	9.00	9.67
	7	9.00	9.00	9.00	9.00	9.00	9.67
	14	8.00	9.00	9.00	9.00	9.00	9.67
	21	8.00	8.00	8.00	9.00	9.00	9.00
	28	8.00	8.00	8.00	8.00	9.00	9.00
Landoz 2% modified starch	1	8.00	8.00	8.00	9.67	8.00	9.00
	7	8.00	7.00	8.00	8.00	8.00	8.00
	14	8.00	7.00	9.00	9.67	8.00	9.00
	21	9.00	8.33	8.00	8.00	8.00	8.33
	28	9.00	7.00	8.00	8.00	8.00	9.00
Landoz 2% inulin and 2% modified starch	1	9.67	9.00	9.67	9.67	8.00	9.00
	7	9.00	8.00	9.67	9.00	7.00	8.00
	14	9.00	9.00	9.00	9.00	6.00	9.00
	21	9.00	7.33	8.00	7.33	6.33	8.33
	28	9.00	9.00	9.00	8.00	8.00	9.00
Regiliat 2% inulin	1	5.00	5.00	5.00	5.00	4.00	5.00
	7	5.00	5.00	5.00	5.00	4.00	5.00
	14	5.00	6.00	4.00	4.00	4.00	5.00
	21	5.00	6.00	4.00	4.00	4.00	5.00
	28	6.00	5.00	5.00	4.00	4.00	5.00
Regiliat 2% modified starch	1	5.00	5.00	6.00	4.00	4.00	5.00
	7	5.00	5.00	6.00	5.00	4.00	5.00
	14	5.00	4.00	5.00	5.00	4.00	5.00
	21	4.00	4.00	5.00	4.00	4.00	5.00
	28	4.00	5.00	5.00	4.00	4.00	5.00
Regiliat 2% inulin and 2% modified starch	1	5.00	6.00	6.00	6.00	5.00	5.00
	7	6.00	6.00	6.00	5.00	5.00	5.00
	14	5.00	5.00	5.00	4.00	4.00	5.00
	21	4.00	5.00	5.00	5.00	4.00	5.00
	28	4.00	5.00	5.00	5.00	4.00	5.00
Spray 2% inulin	1	8.00	7.00	8.00	7.00	7.00	9.67
	7	8.00	7.00	8.00	6.00	7.00	9.67
	14	9.00	7.00	7.00	6.00	7.00	9.00
	21	8.00	7.00	6.00	5.00	6.00	8.00
	28	8.00	6.00	6.00	5.00	6.00	8.00
Spray 2% modified Starch	1	7.00	6.00	5.00	5.00	7.00	8.00
	7	7.00	6.00	5.00	6.00	6.00	7.00
	14	8.00	6.00	6.00	6.00	6.00	7.00
	21	7.00	7.00	6.00	5.00	6.00	6.00
	28	7.00	6.00	6.00	5.00	7.00	6.00
Spray 2% inulin and 2% modified starch	1	7.00	6.00	5.00	5.00	7.00	8.00
	7	7.00	6.00	5.00	6.00	6.00	7.00
	14	8.00	6.00	6.00	6.00	6.00	7.00
	21	7.00	7.00	6.00	5.00	6.00	6.00
	28	7.00	6.00	6.00	5.00	7.00	6.00
L.S.D		0.71	0.72	0.70	0.69	0.71	0.68

## Conclusion

The production of soft cheese by using Landoz milk powder with a mixture of prebiotic and probiotic has given the highest sensory advantages as well as chemical composition, which included protein, fat, moisture, ash, carbohydrate and acidity compared to other types of milk used in the study.

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## Conflicts of interest

The authors declare that they have no conflict of interests.

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## إنتاج الجبن الطري الوظيفي ودراسة خصائصه الكيميائية والحسية

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**المستخلص:** تم تصميم هذه الدراسة لإنتاج جبن وظيفي باستخدام هذه المعايير (أ) عينة السيطرة باستخدام حليب الأبقار الخام (بدون أي إضافة) ، (ب) حليب المدهش الفرز الخالي من الدهن، (ج) حليب لاندوز الفرز الخالي من الدهن، (د) حليب ريجليه الفرز الخالي من الدهن، (E) حليب سبري الفرز الخالي من الدهن مع إضافة 2 % من الأنثولين و 2 % من النشا المعدل والمضافة إلى انواع الحليب الفرز الخالي من الدهن. تم دراسة التركيب الكيميائي لأنواع الجبن الوظيفي والمتضمن تقدير الرطوبة، والبروتين، والدهون، والكربوهيدرات، والرماد، ونسبة الحموضة الكلية، والاس الهيدروجيني PH، فضلا عن ذلك تم اجراء التقييم الحسي أثناء الخزن المبرد وخلال فترات 1، 7، 14، 21 و 28 يوماً. اذ أوضحت النتائج أن الجبن الطري الوظيفي المصنع من حليب Landoz الفرز الخالي من الدهن مع (2% أنولين و 2% نشا معدل) كان يحتوي على أعلى نسبة من الرطوبة والكربوهيدرات خلال الفترة الخزن الأخيرة (28 يوماً) مقارنة بمجموعة السيطرة، وان إنتاج الجبن الطري باستخدام حليب Landoz الفرز الخالي من الدهن مع مزيج من السابق الحيوي والمعزز الحيوي لديه أعلى الميزات الحسية.

**الكلمات المفتاحية:** حليب فرز، غذاء وظيفي ، معزز حيوي.