**THE AMOUNT OF MOVEMENT QUANTITY DECREASE AND ITS EFFECT ON THE OUTPUT ACCURACY AND STRENGTH TO THE SKILL OF REMOTE AIMING BY JUMPING FOR HANDBALL**

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**Abstract**

The study was aimed to determine the amount of motion (momentum) lost during the approximately running and its effect at the power and accurate remote aiming skill - and to know the power amount value and accurate for remote aiming skill. The descriptive approach was used in the survey method to solve the research problem. The research sample included some of the (13) players specialized in handball for the sports season 2017-2018. A test was prepared to measure the accuracy and strength of the correction skill after it was presented to a group of experts and specialists. Tests and measurement for the purpose of evaluating the test were performed on the handball field, then was found the scientific basis of the test for the purpose of reliability in measuring the accuracy and strength of the skill of correction.Further the main experiment was conducted on 03/05/2018 on the research sample . It was used video camera during the experiment and the program Analysis (Kinovea) was used to extract the biomechanic variable (the amount of movement), and after computing the data with SPSS Ver 19, reached a set of conclusions, including:

1. There is a clear correlation between the mechanical variable (the amount of decrease in the amount of motion (momentum) and the strength of the correction.
2. There is a clear correlation relationship between the mechanical variable (the amount of decrease in the amount of movement (momentum) and the strength of correction, which depends mainly on the amount of pushing power during this moment.