### Water Quality for PhD

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#### Introduction

"Water quality" is a term used to express the suitability of water to sustain various uses or processes. Any particular use will have certain requirements for the physical, chemical or biological characteristics of water; for example, limits on the concentrations of toxic substances for drinking water use, or restrictions on temperature and pH ranges for water supporting invertebrate communities. Consequently, water quality can be defined by a range of variables which limit water use. Although many uses have some common requirements for certain variables, each use will have its own demands and influences on water quality. Quantity and quality demands of different users will not always be compatible, and the activities of one user may restrict the activities of another, either by demanding water of a quality outside the range required by the other user or by lowering quality during use of the water. Efforts to improve or maintain a certain water quality often compromise between the quality and quantity demands of different users. There is increasing recognition that natural ecosystems have a legitimate place in the consideration of options for water quality management. This is both for their intrinsic value and because they are sensitive indicators of changes or deterioration in overall water quality, providing a useful addition to physical, chemical and other information. The composition of surface and underground waters are dependent on natural factors (geological, topographical, meteorological, hydrological and biological) in the drainage basin and varies with seasonal differences in runoff volumes, weather conditions and water levels. Therefore, large natural variations in water quality may, be observed even where only a single watercourse is involved. Human intervention also has significant effects on water quality. Some of these effects are the result of hydrological changes, such as the building of dams, draining of wetlands and diversion of flow. More obvious are the polluting activities, such as the discharge of domestic, industrial, urban and other wastewaters into the watercourse (whether intentional or accidental) and the spreading of chemicals on agricultural land in the drainage basin. Water quality is

affected by a wide range of natural and human influences. The most important of the natural influences are geological, hydrological and climatic, since these affect the quantity and the quality of water available. Their influence is generally greatest when available water quantities are low and maximum use must be made of the limited resource; for example, high salinity is a frequent problem in arid and coastal areas. If the financial and technical resources are available, seawater or saline groundwater can be desalinated but in many circumstances this is not feasible. Thus, although water may be available in adequate quantities, its unsuitable quality limits the uses that can be made of it. Although the natural ecosystem is in harmony with natural water quality, any significant changes to water quality will usually be disruptive to the ecosystem. The effects of human activities on water quality are both widespread and varied in the degree to which they disrupt the ecosystem and/or restrict water use. Pollution of water by human faeces, for example, is attributable to only one source, but the reasons for this type of pollution, its impacts on water quality and the necessary remedial or preventive measures are varied. Faecal pollution may occur because there are no community facilities for waste disposal, because collection and treatment facilities are inadequate or improperly operated, or because on-site sanitation facilities (such as latrines) drain directly into aquifers. The effects of faecal pollution vary. In developing countries intestinal disease is the main problem, while organic load and eutrophication may be of greater concern in developed countries (in the rivers into which the sewage or effluent is discharged and in the sea into which the rivers flow or sewage sludge is dumped). A single influence may, therefore, give rise to a number of water quality problems, just as a problem may have a number of contributing influences. Eutrophication results not only from point sources, such as wastewater discharges with high nutrient loads (principally nitrogen and phosphorus), but also from diffuse sources such as run-off from livestock feedlots or agricultural land fertilized\ with organic and inorganic fertilizers. Pollution from diffuse sources, such as agricultural runoff, or from numerous small inputs over a wide area, such as faecal pollution from unsewered settlements, is particularly difficult to control. The quality of water may be described in terms of the concentration and state (dissolved or particulate) of some or all of the organic and inorganic material present in the water, together with certain physical characteristics of the water. It is determined by measurements and by examination of water samples on site or in the laboratory. The main elements of water quality monitoring are, on-site measurements, the collection and analysis of water samples, the study and evaluation of the analytical results, and the reporting of the findings. The results of analyses performed on a single water sample are only valid for the particular location and time at which that sample was taken. One purpose of a monitoring program is, therefore, to gather sufficient data (by means of regular or intensive sampling and analysis) to assess spatial and temporal variations in water quality. The quality of the aquatic environment is a broader issue which can be described in terms of: water quality, the composition and state of the biological life present in the water body, the nature of the particulate matter present, and the physical description of the water body (hydrology, dimensions, nature of lake bottom or river bed, etc.) Complete assessment of the quality of the aquatic environment, therefore, requires that water quality, biological life, particulate matter and the physical characteristics of the water body be investigated and evaluated. This can be achieved through: chemical analyses of water, particulate matter and aquatic organisms (such as planktonic algae and selected parts of organisms such as fish muscle), This can be achieved through: chemical analyses of water, particulate matter and aquatic organisms (such as planktonic algae and selected parts of organisms such as fish muscle), biological tests, such as toxicity tests and measurements of enzyme activities. Descriptions of aquatic organisms, including their occurrence, density, biomass, physiology and diversity (from which, for example, a biotic index may be developed or microbiological characteristics determined), and physical measurements of water temperature, pH, conductivity, light penetration, particle size of suspended and deposited material, dimensions of the water body, flow velocity, hydrological balance, etc. Pollution of the aquatic environment, as defined by GESAMP (1988), occurs when humans introduce, either by direct discharge to water or indirectly (for example through atmospheric pollution or water management practices), substances or energy that result in deleterious effects such as:

- hazards to human health,
- harm to living resources,

• hindrance to aquatic activities such as fishing,

• impairment of water quality with respect to its use in agriculture, industry or other economic activities, or reduction of amenity value.

The importance attached to quality will depend on the actual and planned use or uses of the water (e.g. water that is to be used for drinking should not contain any chemicals or microorganisms that could be hazardous to health). Since there is a wide range of natural water qualities, there is no universal standard against which a set of analyses can be compared. If the natural, prepolluted quality of a water body is unknown, it may be possible to establish some reference values by surveys and monitoring of unpolluted water in which natural conditions are similar to those of the water body being studied

# 1. Characteristics of surface waters

## **1.Hydrological characteristics**

Continental water bodies are of various types including flowing water, lakes, reservoirs and ground waters. All are inter-connected by the hydrological cycle with many intermediate water bodies, both natural and artificial. Wetlands, such as floodplains, marshes and alluvial aquifers, have characteristics that are hydrologically intermediate between those of rivers, lakes and ground waters. Wetlands and marshes are of special biological importance. Note: Actual residence times may vary. Residence times in karstic aquifers may vary from days to thousands of years, depending on extent and recharge. Some karstic aguifers of the Arabian Peninsula have water more than 10,000 years old. It is essential that all available hydrological data are included in a water quality assessment because water quality is profoundly affected by the hydrology of a water body. The minimum information required is the seasonal variation in river discharge, the thermal and mixing regimes of lakes, and the recharge regime and underground flow pattern of ground waters. The common ranges of water residence time for various types of water body. The theoretical residence time for a lake is the total volume of the lake divided by the total outflow rate (V/ $\Sigma$ Q). Residence time is an important concept for water pollution studies because it is associated with the time taken for recovery from a pollution incident. For example, a short residence time (as in a river) aids recovery of the aquatic system from a pollution input by rapid dispersion and transport of waterborne pollutants. Long residence times, such as occur in deep lakes and aquifers, often result in very slow recovery from a pollution input because transport of waterborne. Pollutants away from the source can take years or even decades. Pollutants stored in sediments take a long time to be removed from the aquatic system, even when the water residence time of the water body is short. River flow is unidirectional, often with good lateral and vertical mixing, but may vary widely with meteorological and climatic conditions and drainage pattern.

Still surface waters, such as deep lakes and reservoirs, are characterized by alternating periods of stratification and vertical mixing. In addition, water currents may be multi-directional and are much slower than in rivers. Moreover, wind has an important effect on the movement of the upper layers of lake and reservoir water. The residence time of water in lakes is often more than six months and may be as much as several hundred years. By contrast, residence times in reservoirs are usually less than one year.